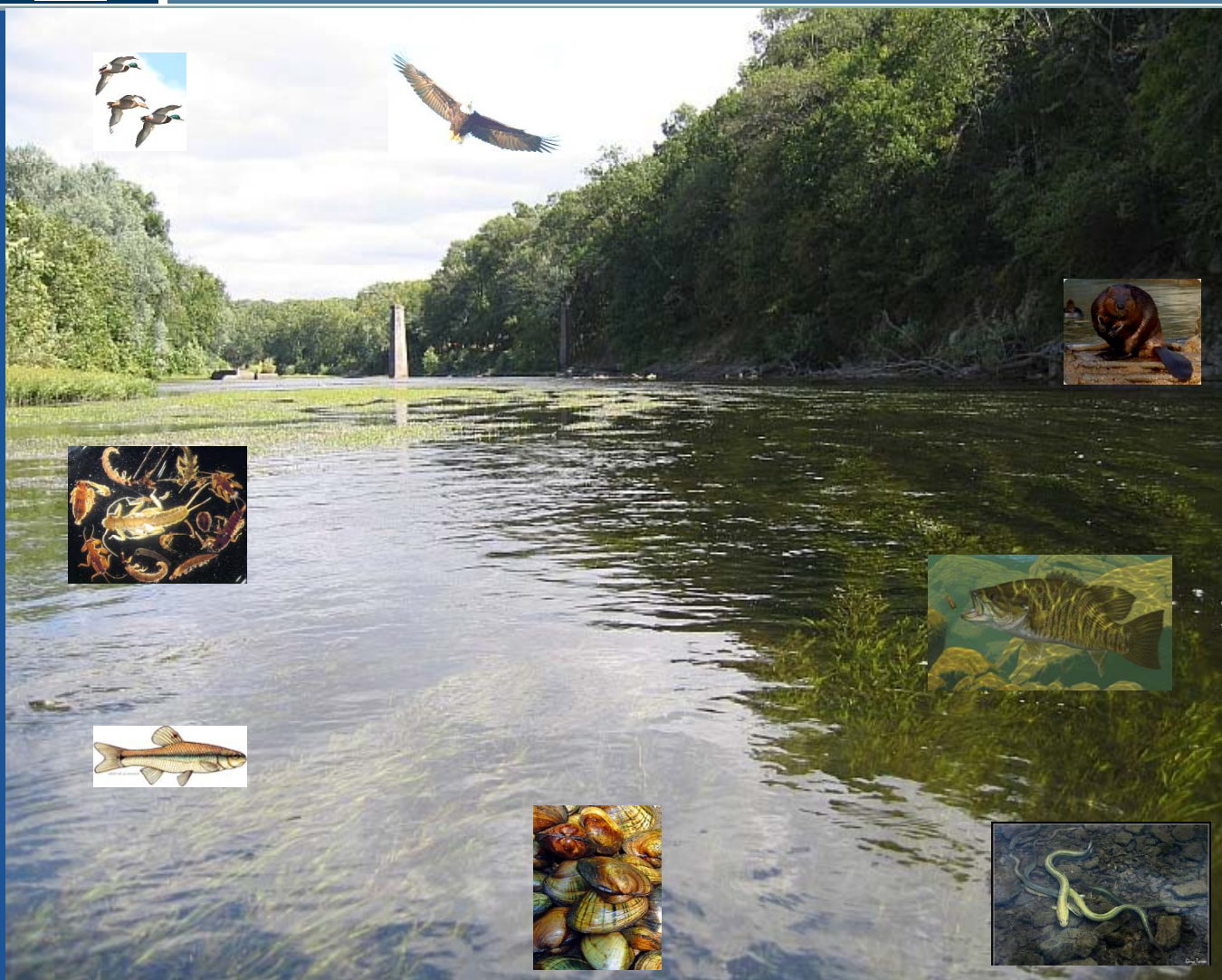


# Flow and Living Resources

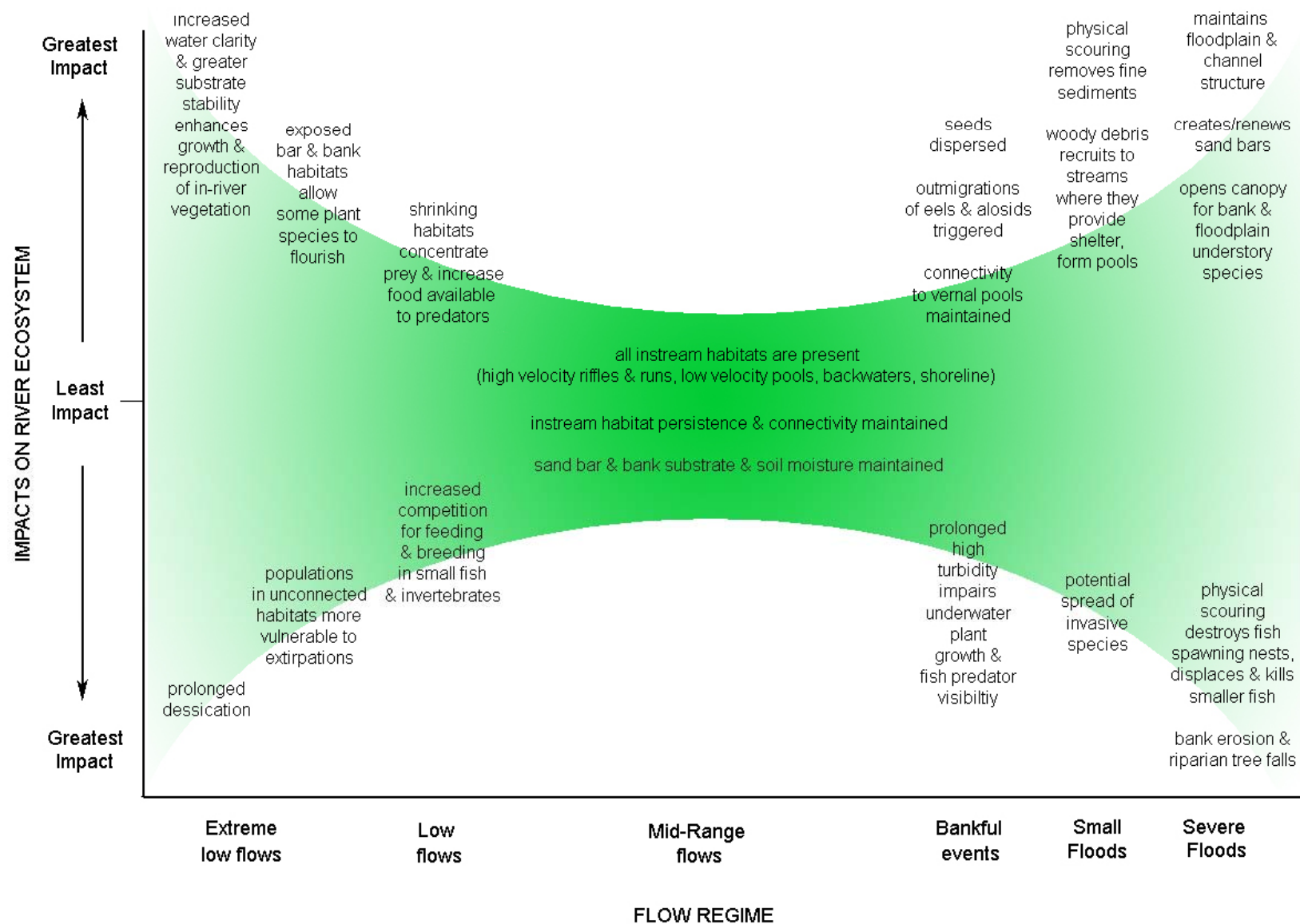


Jim Cummins, Claire Buchanan – ICPRB

Than Hitt, Rita Villella Bumgardner – USGS, Leetown Science Center

# A balance to every flow

Figure 39, page 74.







## Flow components leave their mark in the landscape, creating ecological zonations.

Top. Flow component zones can be seen at Mather Gorge, from low to flood flows. The constriction of the river magnifies the vertical height of each zone



Below, tidal zones exhibit similar magnification along the Maine coastline, where tidal amplitude reaches 12 feet.







# In-River – Inundated or Seasonally Exposed.

Submerged:  
Water  
Stargrass

Emergent:  
Water Willow





## Bank and Bar- Water Edge to Bank Full (0.5-2 yr RI)

Flood battered  
hardwood-  
shrubwood, ,  
Willow, River  
Birch, Silver  
Maple,  
Sycamore,  
Switch Grass,  
Big Bluestem







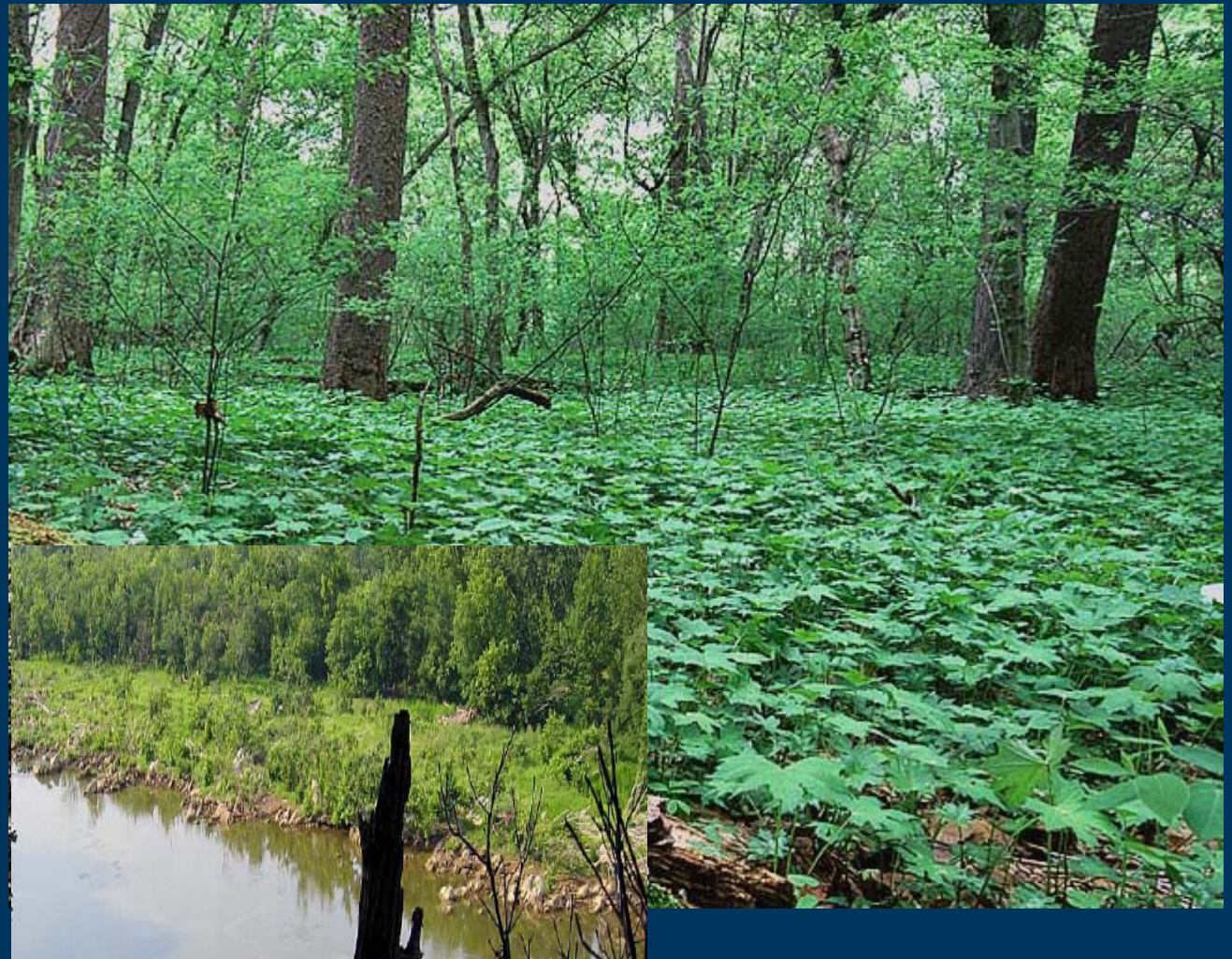
# True Floodplain – Small Floods above bankfull (2-10 yr RI)

Silver Maple,  
American Elm,  
Sycamore,  
PawPaw,  
Green Ash,  
Boxelder

Less Battered.

Special  
Communities:

Riverside  
Prairies







# Flood Terrace – Extreme Floods (>10 yr RI)

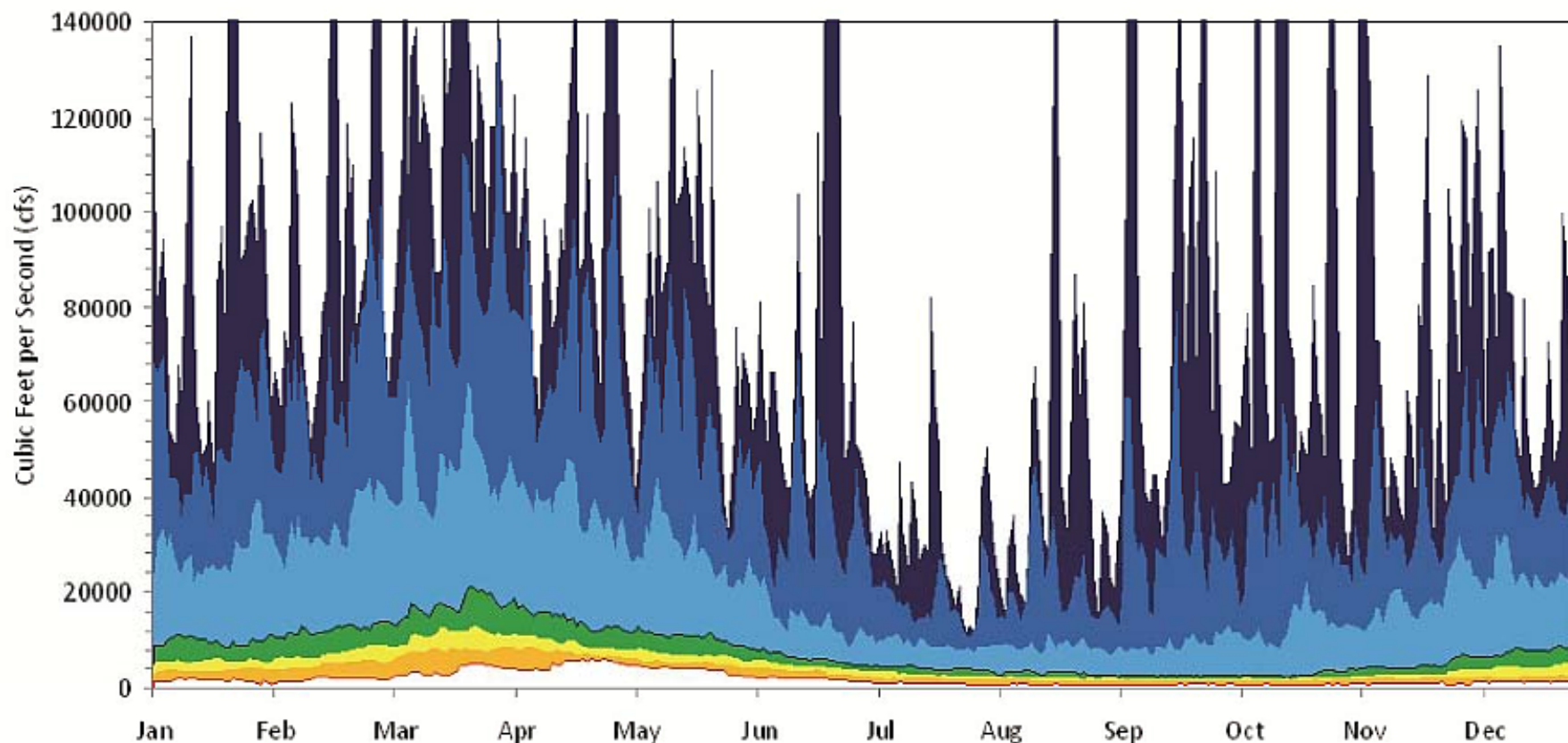
Rich Forest -Boxelder stands, White Ash, Sugar Maple, some Red Oak, Tulip Poplar.

Special Gorge Communities:  
Bedrock Terrace Oak-  
Hickory/Virginia  
Pine Forest





# Plant community needs in relation to flow in the Potomac River.



<b>In-River</b>	Semi-permanent inundation	Tolerates dry cond. For <8 wks	Semi-permanent inundation
	Severe flood and/or ice Scour		Moderate to severe flood scour
<b>Bar and Bank</b>	Seasonal to temporary inundation	Dry season growth (most after July 1)	Seasonal to temporary inundation
	Moderate to severe scour		Moderate to severe scour
<b>True Floodplain</b>	Seasonal to temporary inundation	Seed dispersal	
	Moderate to severe scour		
<b>Flooded Terraces</b>	Temporary inundation, deposition of sediment	Seed dispersal	Temporary inundation, deposition of sediment
	Low to moderate scour		

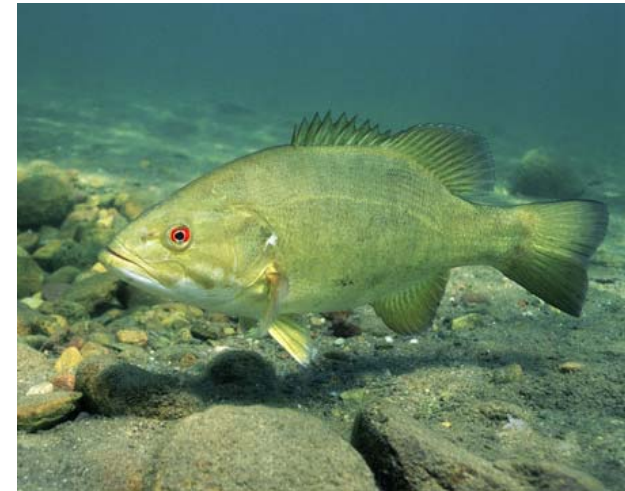




# Flow-Ecology Hypotheses for Potomac Nontidal River Plant Communities

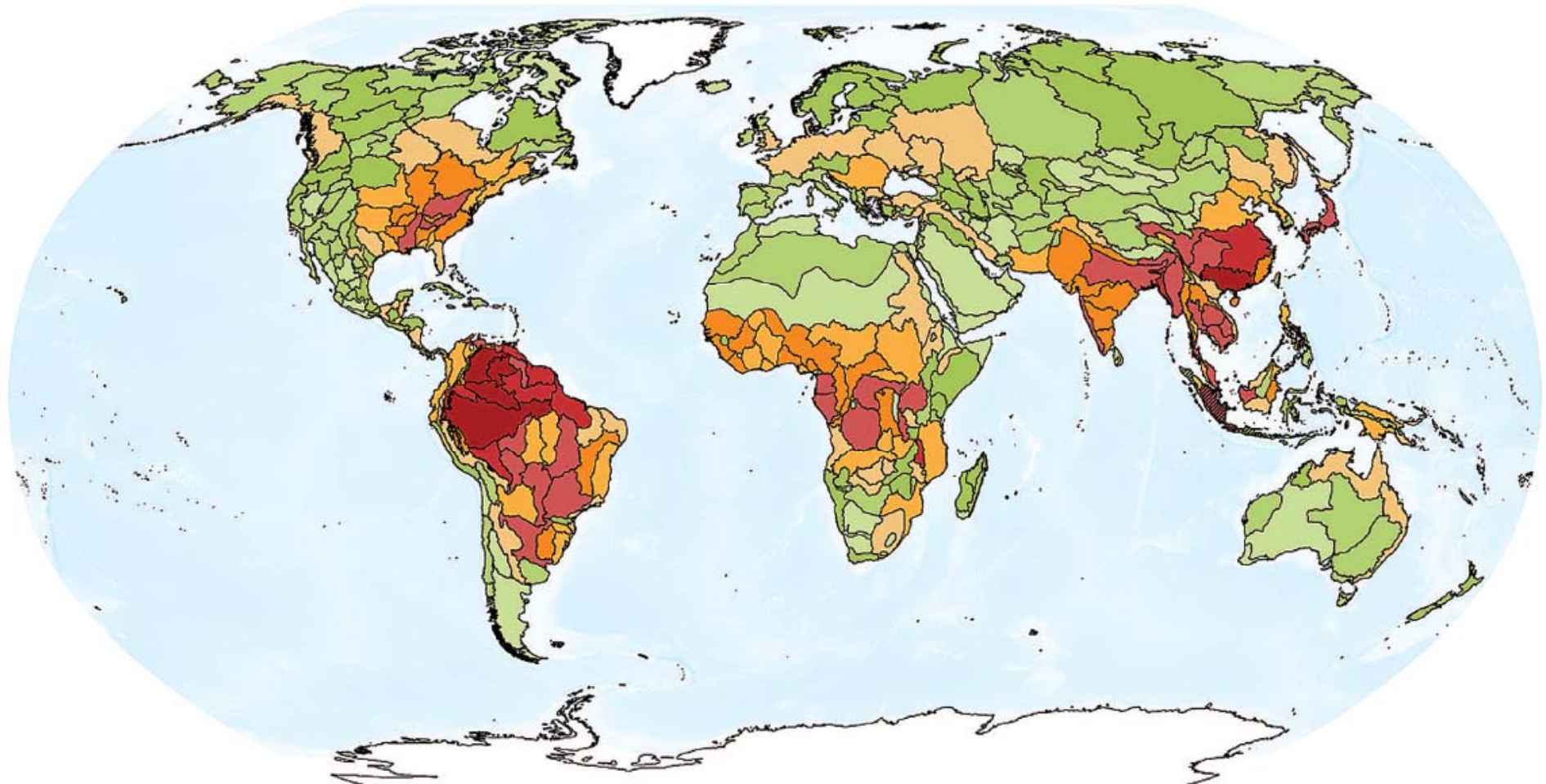
- Submerged aquatic plants experience their greatest growth and reproduction during years with lower flows during the growing season due to increased water clarity and greater substrate stability.
- Floodplain plants depend on floods for seed dispersal, deposition of sediment to maintain floodplain surfaces and enrich soils, removal of debris and potential competitors from germination sites, and to provide adequate moisture conditions for germination and growth.
- Flooding-caused tree falls promote diversity by providing openings in the canopy and opportunities for pioneer and understory species that do not occur during dry years.
- Duration and frequency of floods upon different fluvial landforms is the most important factor determining riparian vegetation communities.
- Species richness of riparian plants increases with topographic complexity of the floodplain.

# Fishes of the Potomac River

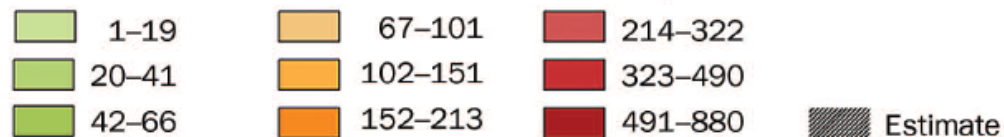




The Potomac River is part of a global fish biodiversity hotspot.



Number of freshwater fish species



<http://www.feow.org>

# Fishes of the Potomac River

- 102 recognized fish species
- 11 diadromous species
- > 30 introduced species
- 56 are “mainstem fishes”

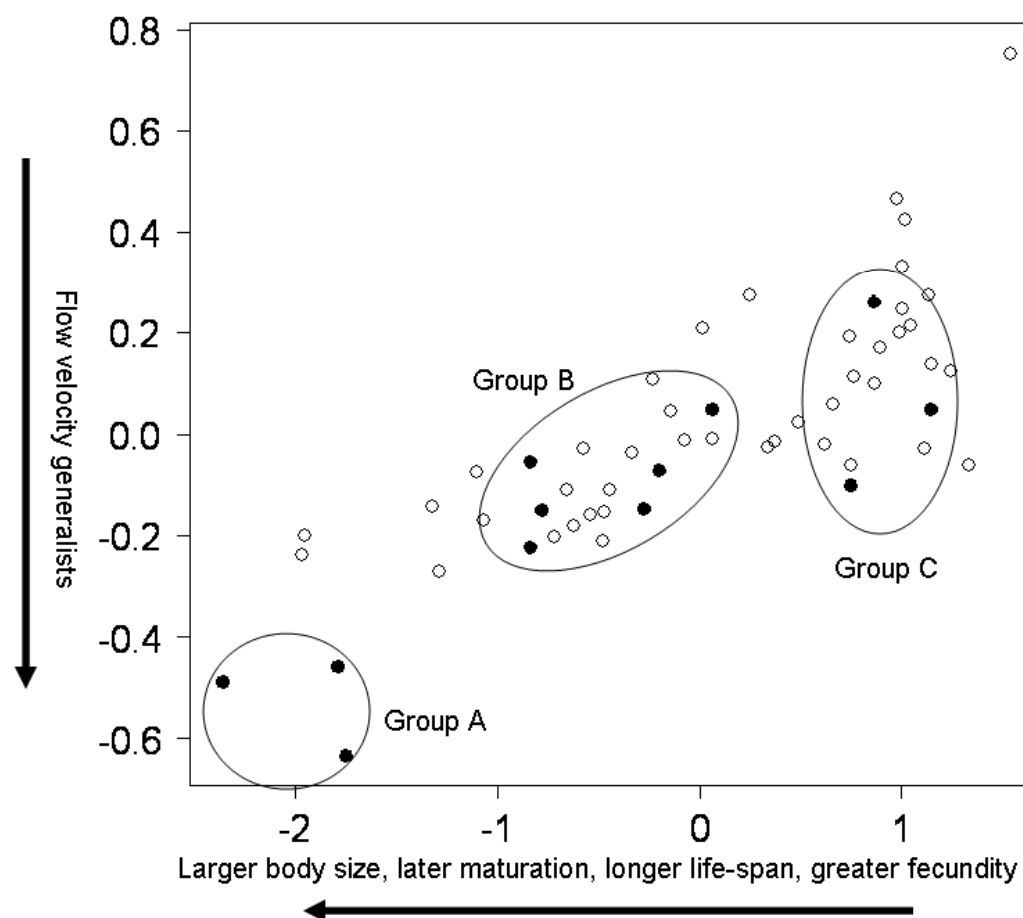




# Fishes of the Potomac River

## Species traits analysis

Body size  
 Age of maturity  
 Longevity  
 Fecundity  
 Spawning season length  
 Velocity tolerance



# Fishes of the Potomac River

Atlantic sturgeon



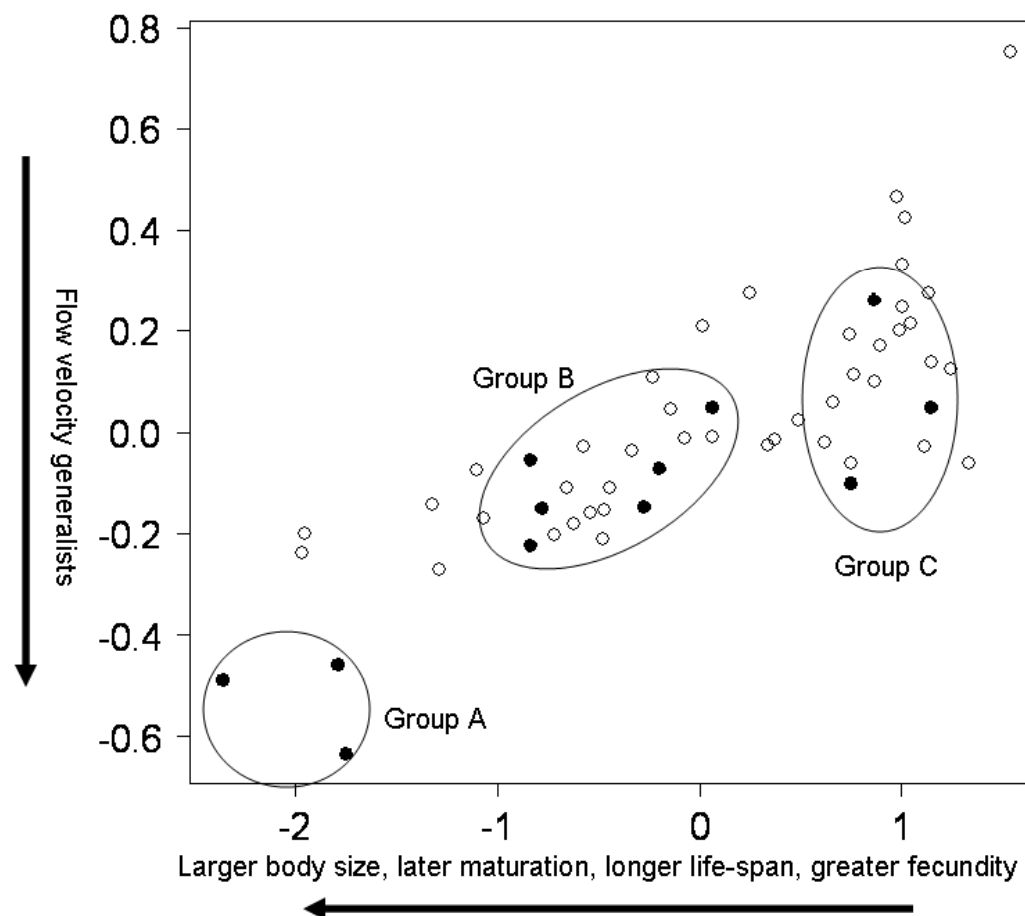
American shad



Smallmouth bass



Satinfin shiner

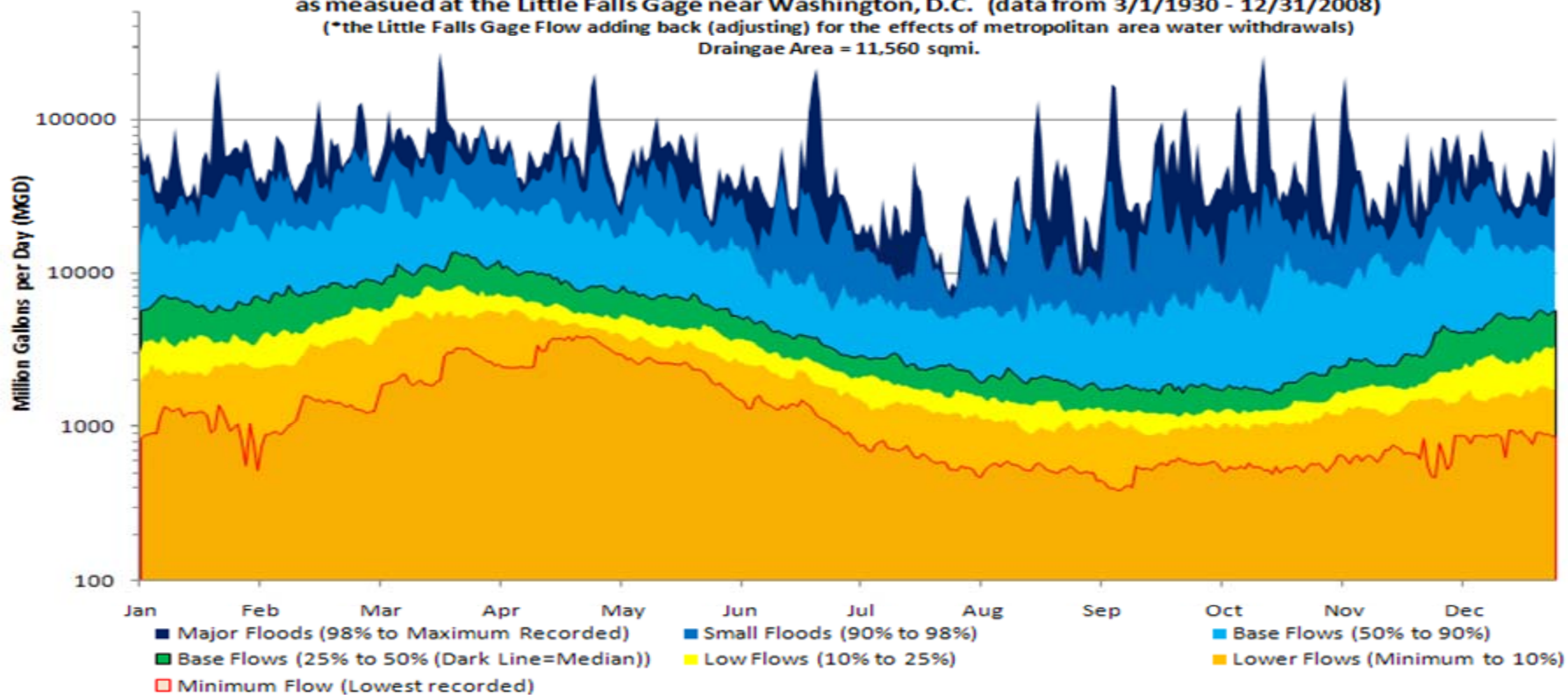




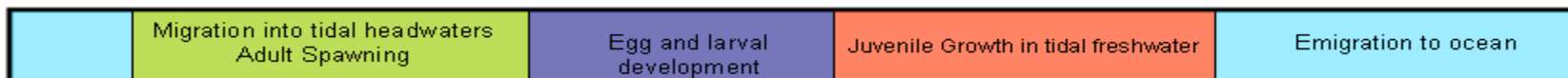
# Group A fishes: sturgeon

## Conceptual flow-ecology models for Potomac River Fishes: Group A

**Logarithmic Projection of Natural\* (Adjusted) Flows for the Potomac River**  
 as measured at the Little Falls Gage near Washington, D.C. (data from 3/1/1930 - 12/31/2008)  
 (\*the Little Falls Gage Flow adding back (adjusting) for the effects of metropolitan area water withdrawals)  
 Drainage Area = 11,560 sqmi.



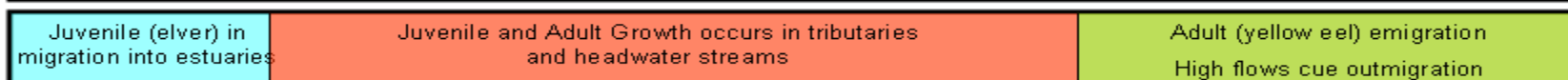
### ATLANTIC STURGEON



### SHORTNOSE STURGEON



### AMERICAN EEL





## Flow hypotheses: examples

Out-migrations of American eel (*Anguilla rostrata*) and alosids are triggered by high-flows and associated water quality conditions (i.e., turbidity).

Fishes exhibiting K-selected reproductive strategies will be more vulnerable to stochastic high-flows and floods than r-selected species (e.g., margined madtom, *Noturus insignis* versus white sucker, *Catostomus commersoni*, respectively).

Fishes exhibiting simple lithophilic spawning strategies (i.e., no parental care, gravel-spawning species) will be influenced by stochastic flow variability more than other reproductive strategies.

Bedrock-dominated river reaches will be more prone to high-flow extirpations than freestone-dominated river reaches (i.e., microhabitat refugia).



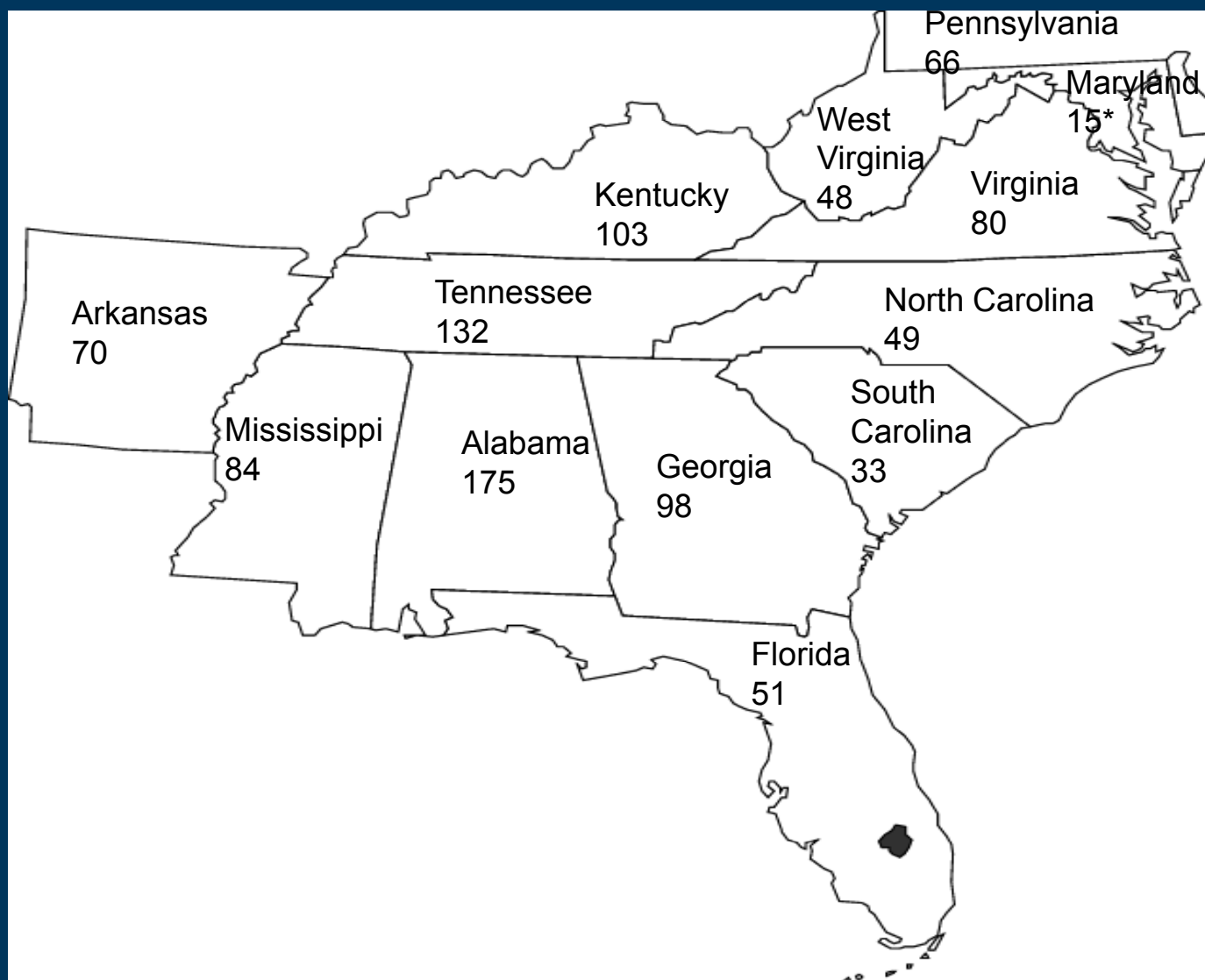


## **Freshwater Mussels of the Potomac River**

Potomac Large River Environmental Flow Needs Expert Workshop  
September 22, 2010



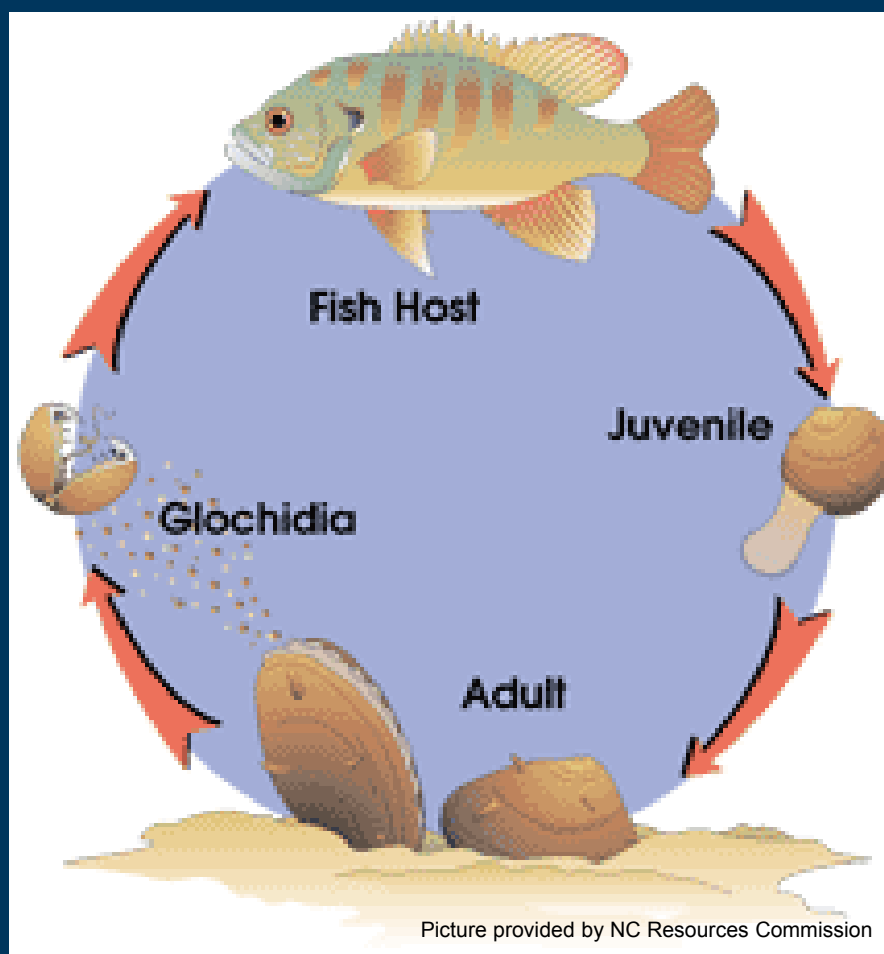
# Freshwater Mussel Species Richness in the Mid-Atlantic and Southeastern U.S.





# Mussel Life History

## Life Cycle



Picture provided by NC Resources Commission



# Why Do We Care?

## Biodiversity



Largest diversity in the world  
297 species in North America

**72% imperiled  
(E, T, SC)**

**43.2 % T and E**

**27.7 % Endangered**

**7.1 % listed & possibly  
extinct**



# Why Do We Care?

## Economic Value





# Why Do We Care?

## Ecosystem Function

Shells 'R' Habitat

Riverbed Stability –  
bind the bottom

Bioturbation

- O<sub>2</sub> and H<sub>2</sub>O content

Material Processing

↑ Light

↓ Particulate Nutrients (N, P)

↓ Suspended Particulates

↑ Sediment Enrichment

↑ Dissolved Nutrients





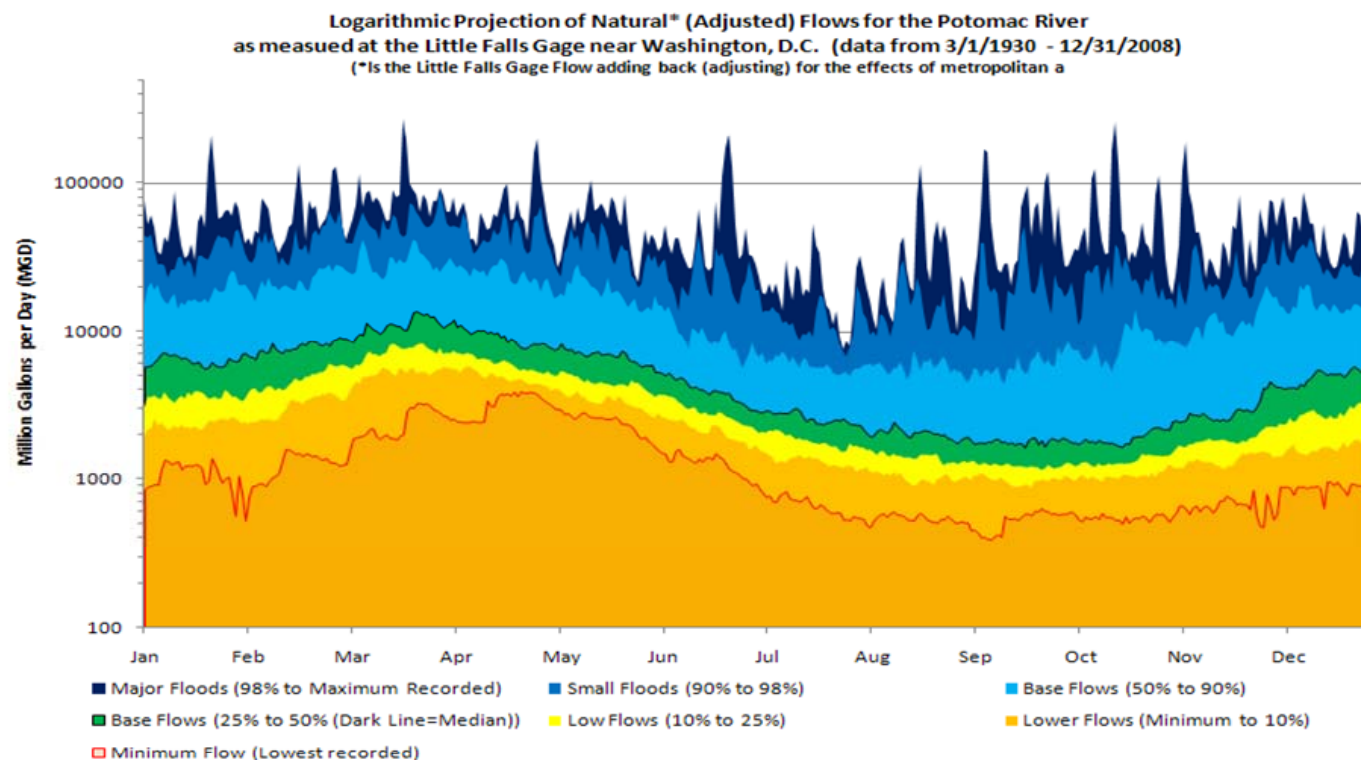


# Examples of low flow and drought effects on freshwater mussels

- Flow velocity  $< 0.01$  m/s mortality increased
- Dissolved oxygen  $< 5$  mg/L mortality increased
- *Elliptio complanata* considered tolerant
- Rare and riffle species most sensitive
- Behavior change triggered by low DO and temperature
- Early life stages sensitive to high temperature



# Mussel Relations to Potomac River Flow Regime







# Flow hypotheses: Examples

Winter flow conditions will influence recruitment in long-term brooding species more than in short-term brooding species

Recruitment in short-term brooding species will be influenced by stochastic effects of peak-flows more than long-term brooders

Mussels inhabiting deep water will be less subject to drought than shallow water species

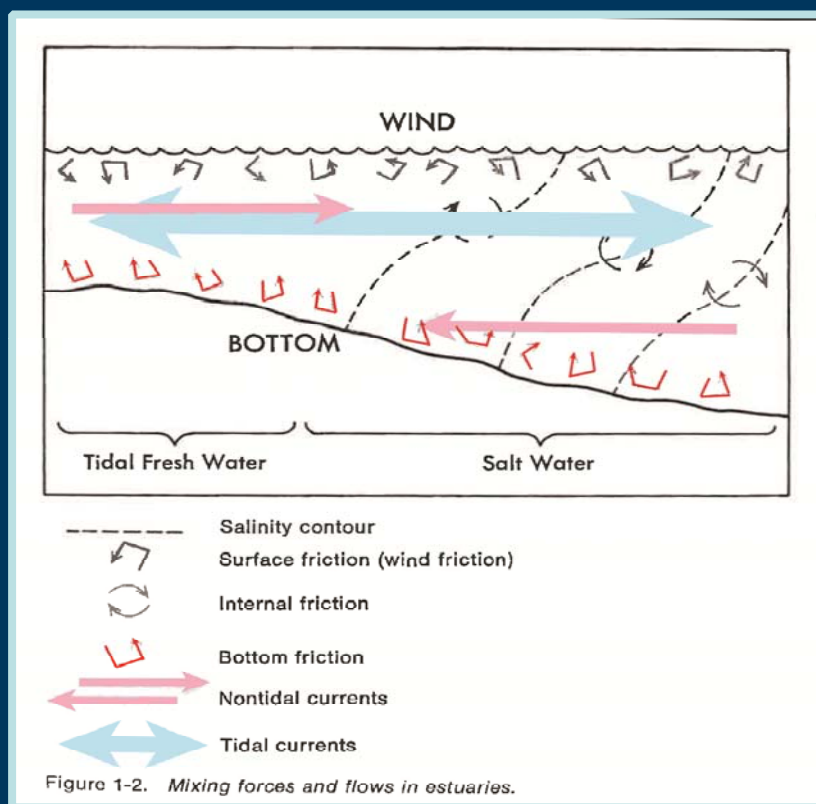
Mussel fish host generalists are less subject to flow-induced extirpation than fish host specialists



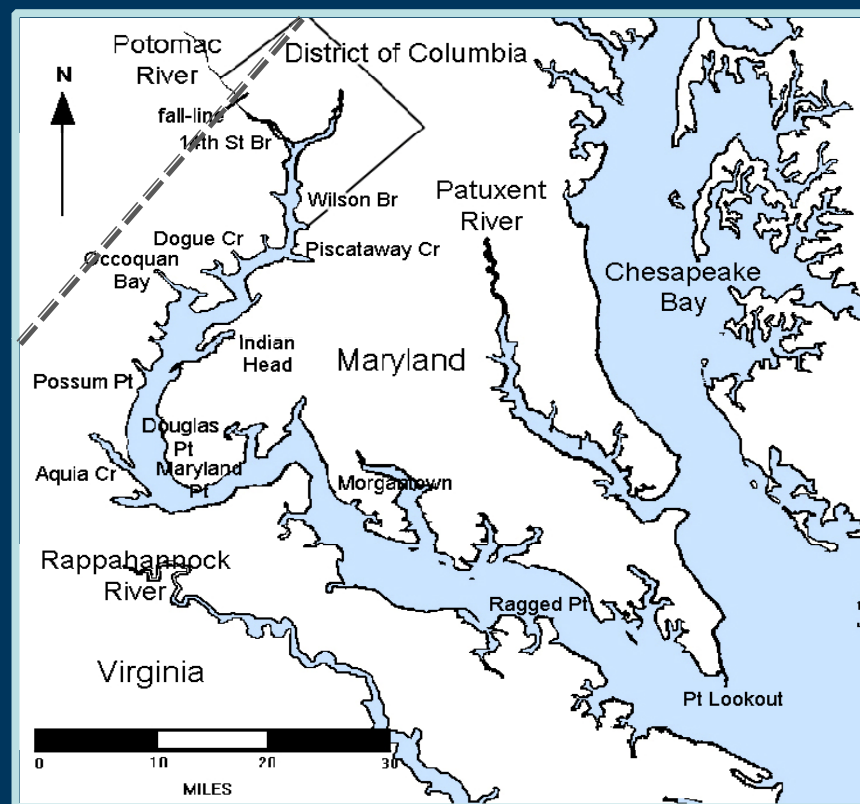
# Tidal Fresh Segment of the Potomac River Estuary

Claire Buchanan (ICPRB)  
R. Christian Jones (GMU)  
Richard Kraus (GMU)

# The Potomac Tidal Fresh Segment



From Lippson et al. 1979



ICPRB

The Potomac is a “partially mixed” estuary with mean tidal currents up to 80 cm/sec.

Approximately 78% of freshwater comes from the Potomac River at the fall-line and 22% comes from tributaries in the Coastal Plain.





# The Potomac Tidal Fresh Habitat

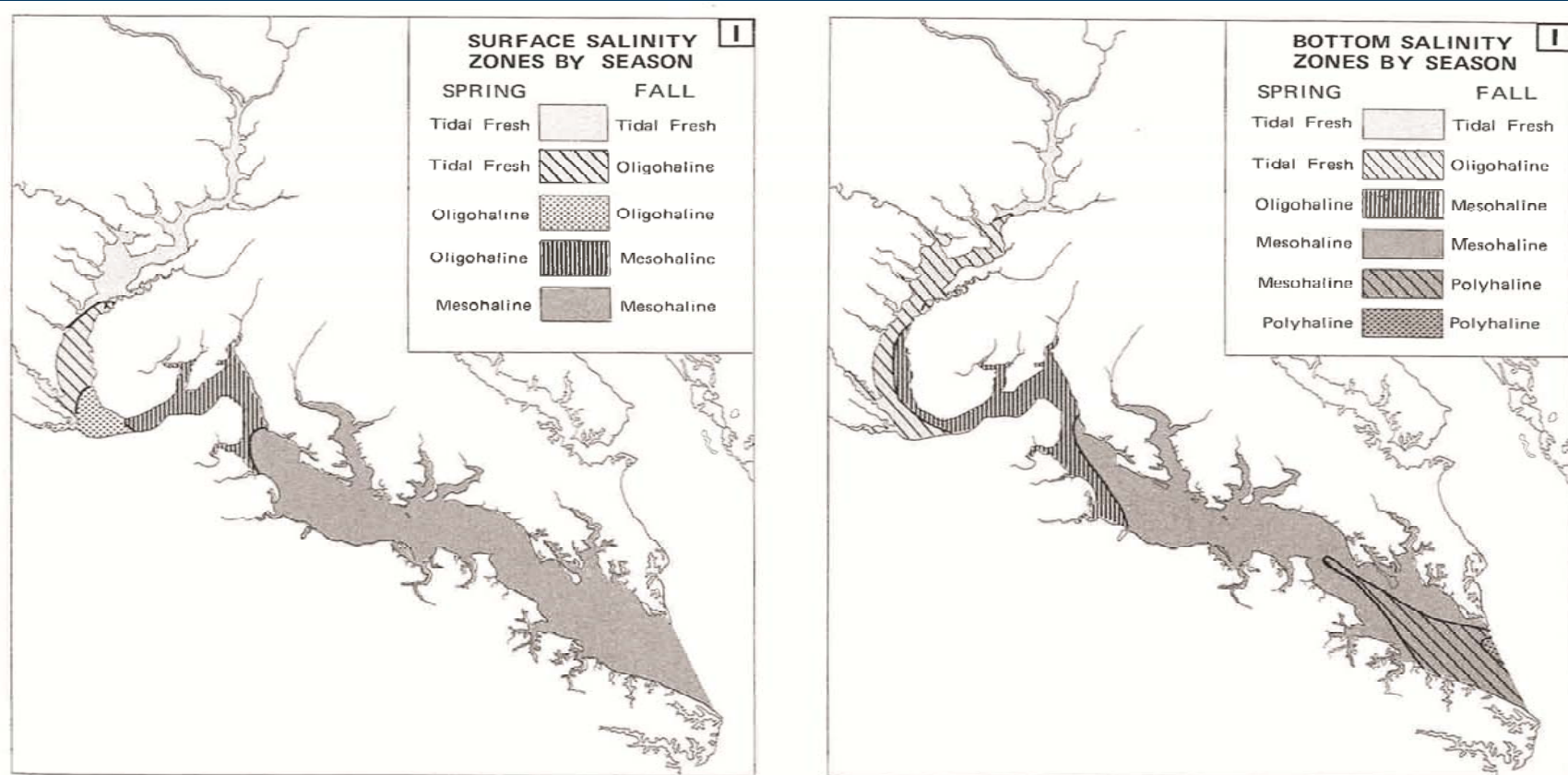


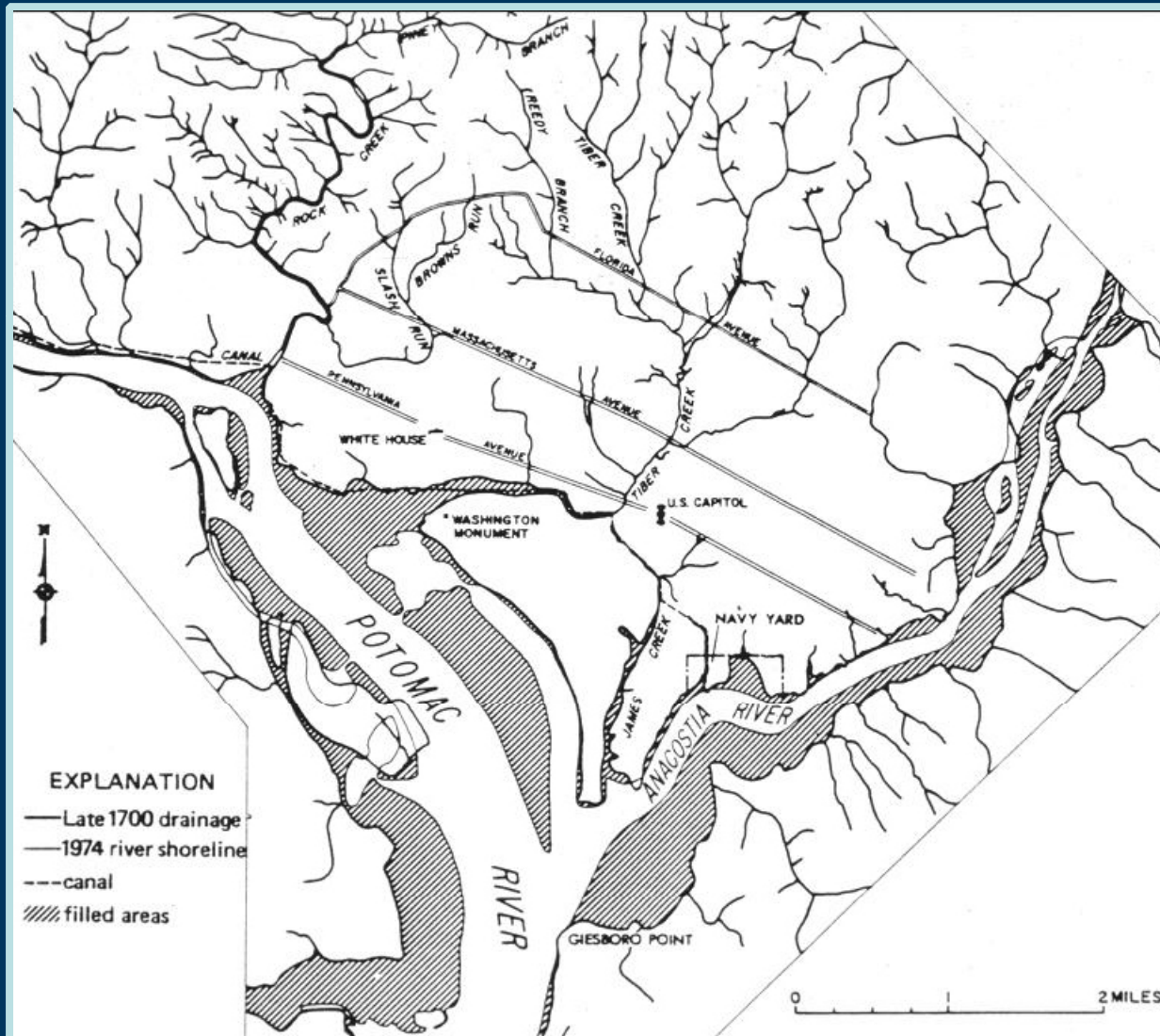
Figure 3-9. General locations of salinity zones at surface and bottom in the Potomac estuary during spring and fall, showing maximum extent of tidal fresh and polyhaline zones. (Sources: Refs. 14-17)

From Lippson et al. 1979

Salinity is a surrogate measure of freshwater flow. Tidal fresh is ~ 19 - 40 miles long. High flows = greater freshwater volume; low flows = greater brackish water volume.



# The Potomac Tidal Fresh Habitat



The tidal fresh segment is irreversibly longer and shallower than it was three centuries ago.

Freshwater now travels through a 1 mile river segment in about  $\frac{1}{4}$  the time it once took.

Is the *volume* of freshwater habitat the same? Might be greater now (deforestation → higher mean flows).





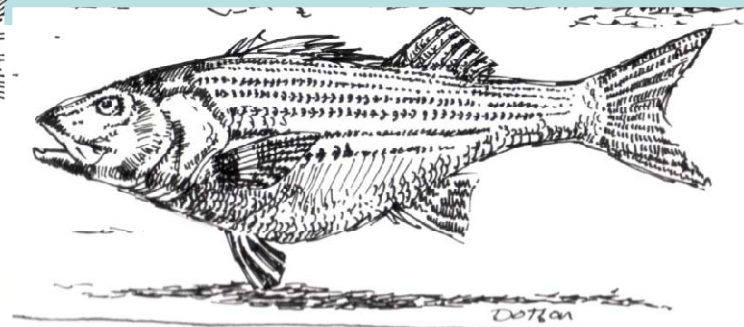
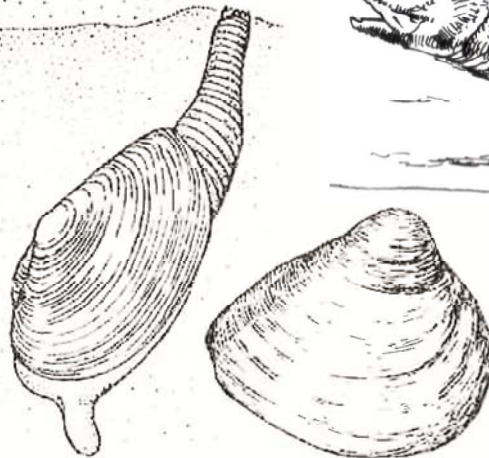
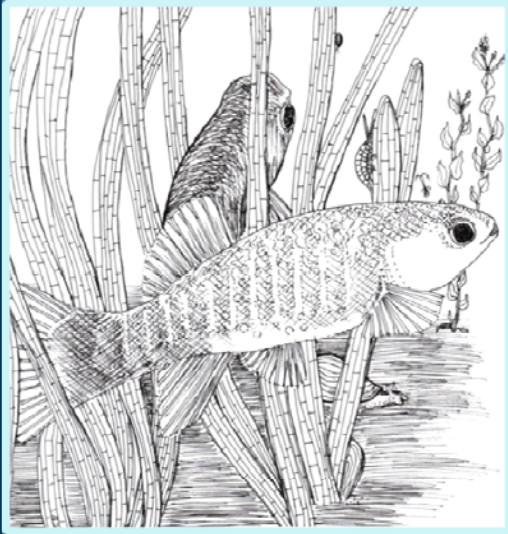
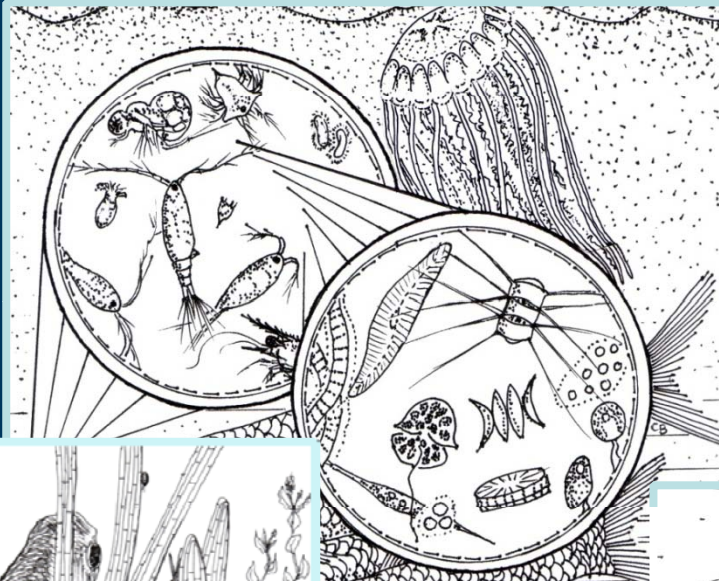
# Estuarine Indicators

## Communities

Phytoplankton  
Aquatic grasses (SAV)  
Zooplankton  
Benthic “infauna”

## Species

Shortnose sturgeon  
Atlantic sturgeon  
Striped bass  
White perch







# Tidal Fresh Flow-Ecology Hypotheses

**Salinity**, and specifically the location of the “salt wedge,” is a **surrogate measure of freshwater flow** in the upper, tidal fresh estuary

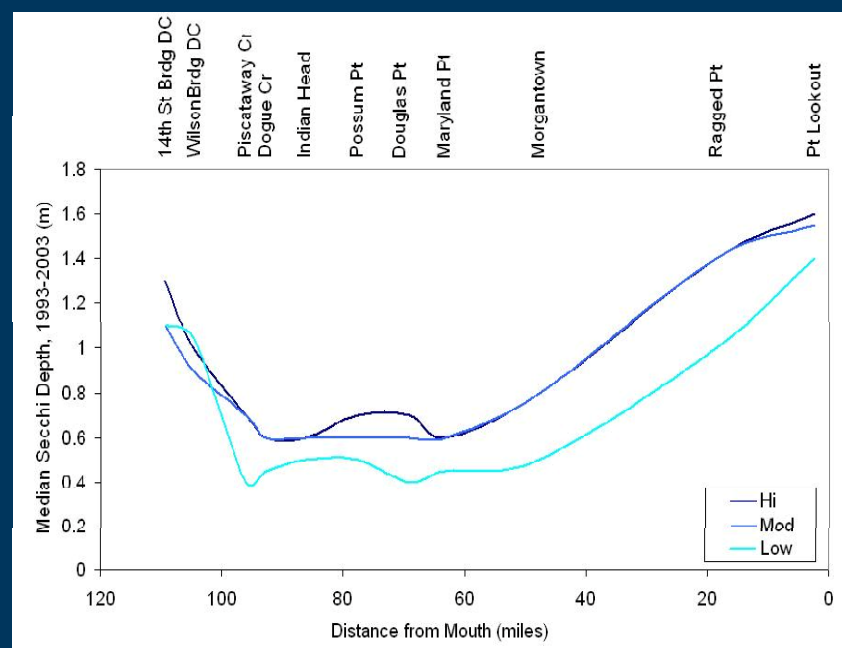
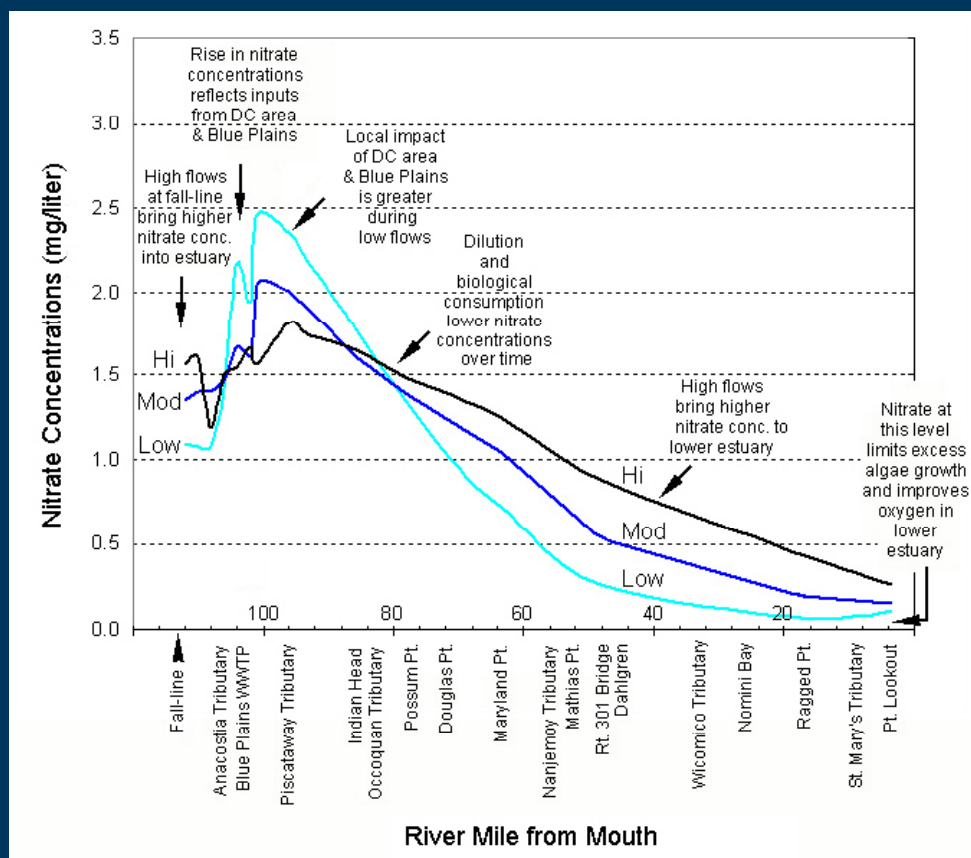
A range of freshwater flows gives **intermittent opportunity** to both freshwater and brackish water species and produces a biologically diverse estuarine ecosystem.

The flow “needs” of most freshwater species in the tidal fresh segment are typically a reflection of their **salinity preferences and tolerances**

High flows, in conjunction with the daily light cycle, temperature and/or turbidity, **cue diadromous fish migrations** into estuaries and rivers in spring and out-migrations in autumn

# Poor Water Quality Confounds Potomac Flow–Ecology Relationships

Wastewater returns and runoff to the estuary in and around Washington DC confound the expected tidal fresh flow-ecology relationships.

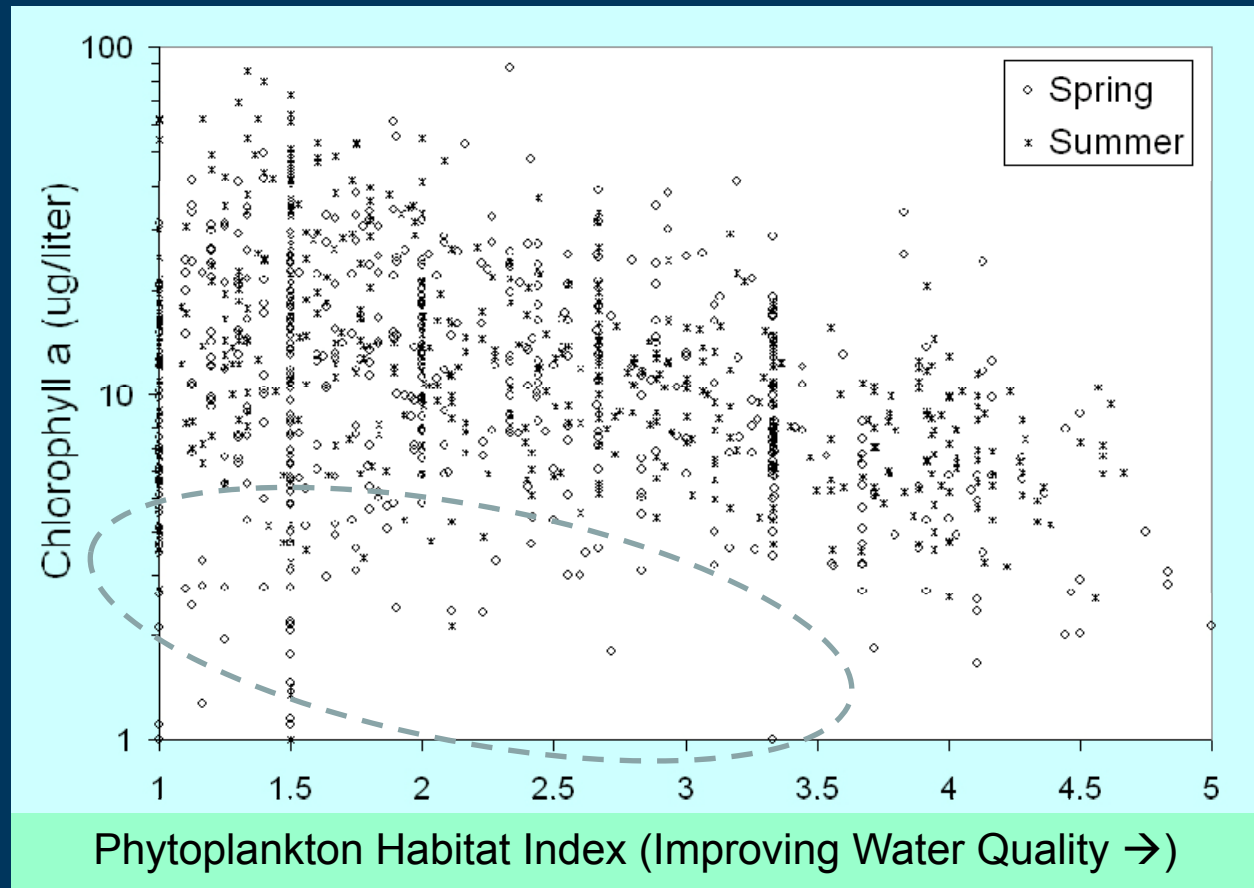
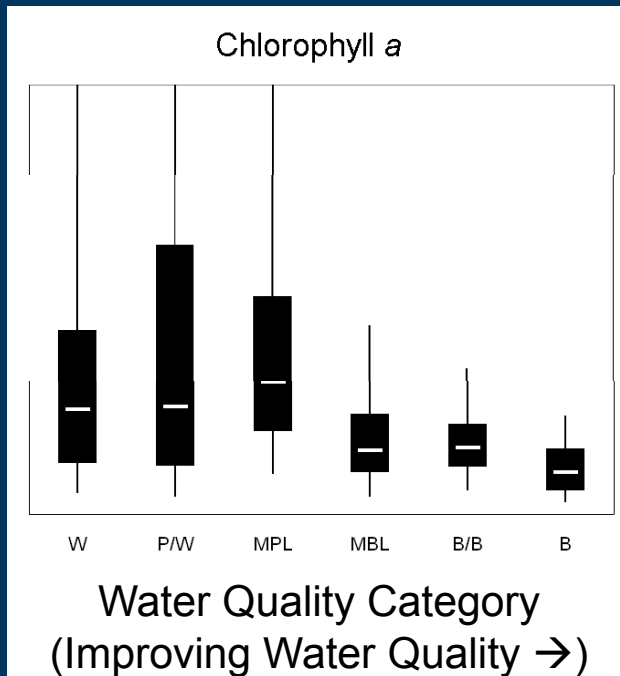


Nitrogen concentrations are *higher* and water clarity is *poorer* during prolonged low flow periods

# Does Flow Trump Water Quality?

Flow does not change Chesapeake Bay phytoplankton responses to water quality (N, P, clarity) *except* when cells are washed out of tidal fresh by very high flows.

Median typically varies only +/- 2 ug/liter between 5 flow categories



Data are from Chesapeake Bay, all salinities, spring & summer “growing” seasons, 1984 - 2005





# Tidal Fresh Flow-Ecology Hypotheses

**Eutrophication and sedimentation** of the Potomac River have changed (confounded) many estuarine flow-ecology relationships:

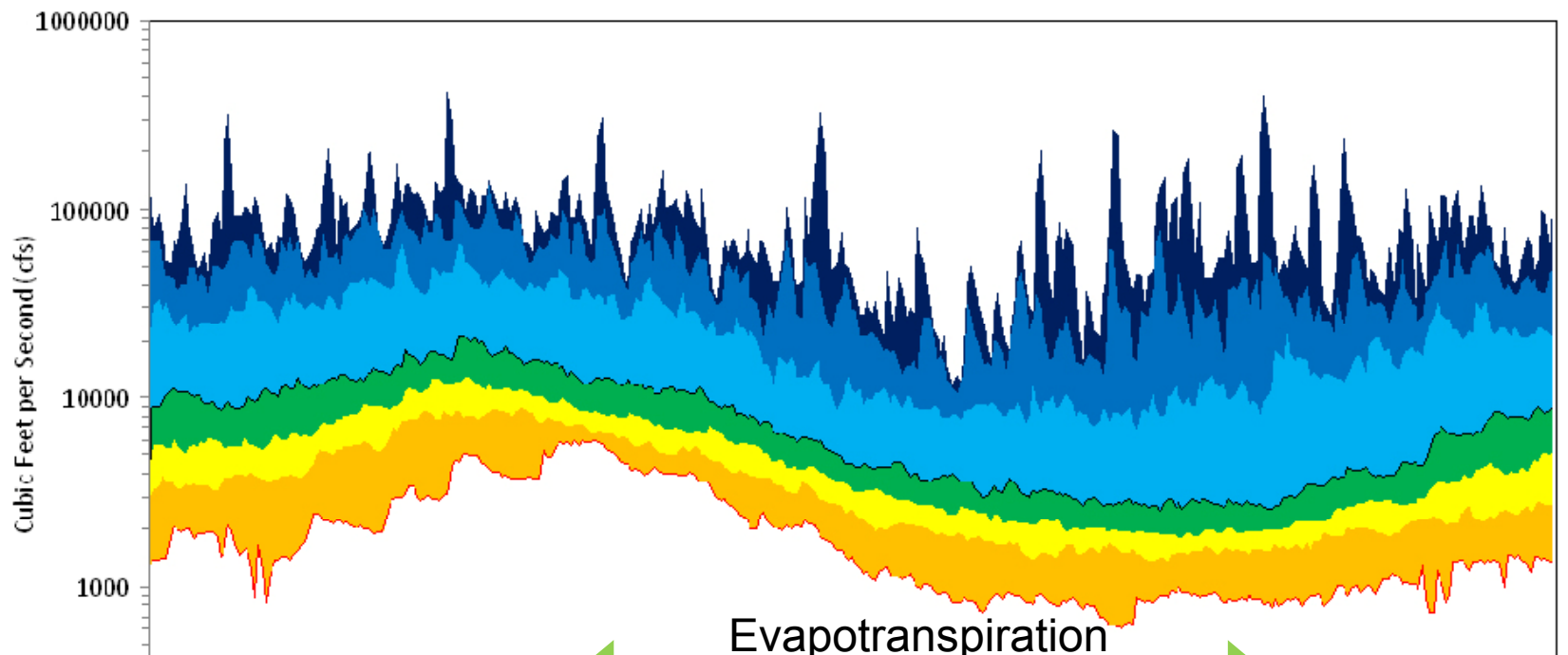
- The tidal fresh reach of the estuary is **irreversibly longer and shallower**
- **Wastewater returns to the tidal fresh estuary** increase rather than decrease nutrient concentrations during low flow; high flows dilute tidal fresh nutrient concentrations
- **Water clarity is poorer during low flow** periods rather than high flow periods
- **Plankton blooms now occur predominantly in summer** rather than spring and are not as closely linked to high flows in spring as they once were
- **Uneaten phytoplankton sink**, cause bottom layer hypoxia and anoxia that stress and block migratory fish and benthic life stages



More Trees = More Evapotranspiration  
More People = More Consumptive Loss

Little Falls Unadjusted Flow  
(cfs)

Mean Rain fall  
(inches)



Evapotranspiration





# Tidal Fresh Flow-Ecology Hypotheses

Depending on water quality conditions, a **persistent loss** of freshwater flow could reduce tidal fresh communities & enhance brackish water communities

(e.g., increased consumptive losses, increased forest evapotranspiration)

Depending on water quality conditions, a **persistent increase** of freshwater flow could enhance tidal fresh communities & reduce brackish water communities

(e.g., predicted climate change)





**TIME FOR LUNCH!**