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Potomac Basin Large River Environmental Flow Needs:  
Introductory webinar for expert workshop participants  
September 9, 2010



## Welcome and webinar overview

- ~45 minutes of presentation
- Topics:
  1. Project introduction and background
  2. Project analytical approach
  3. Developing environmental flow needs
  4. Preparing for workshop
  5. Workshop logistics
- ~30 minutes of Q&A and group discussion
  - All welcome to join in
  - Q&A process to be explained
- Technical problems? Call Webex: 866-229-3239, 1

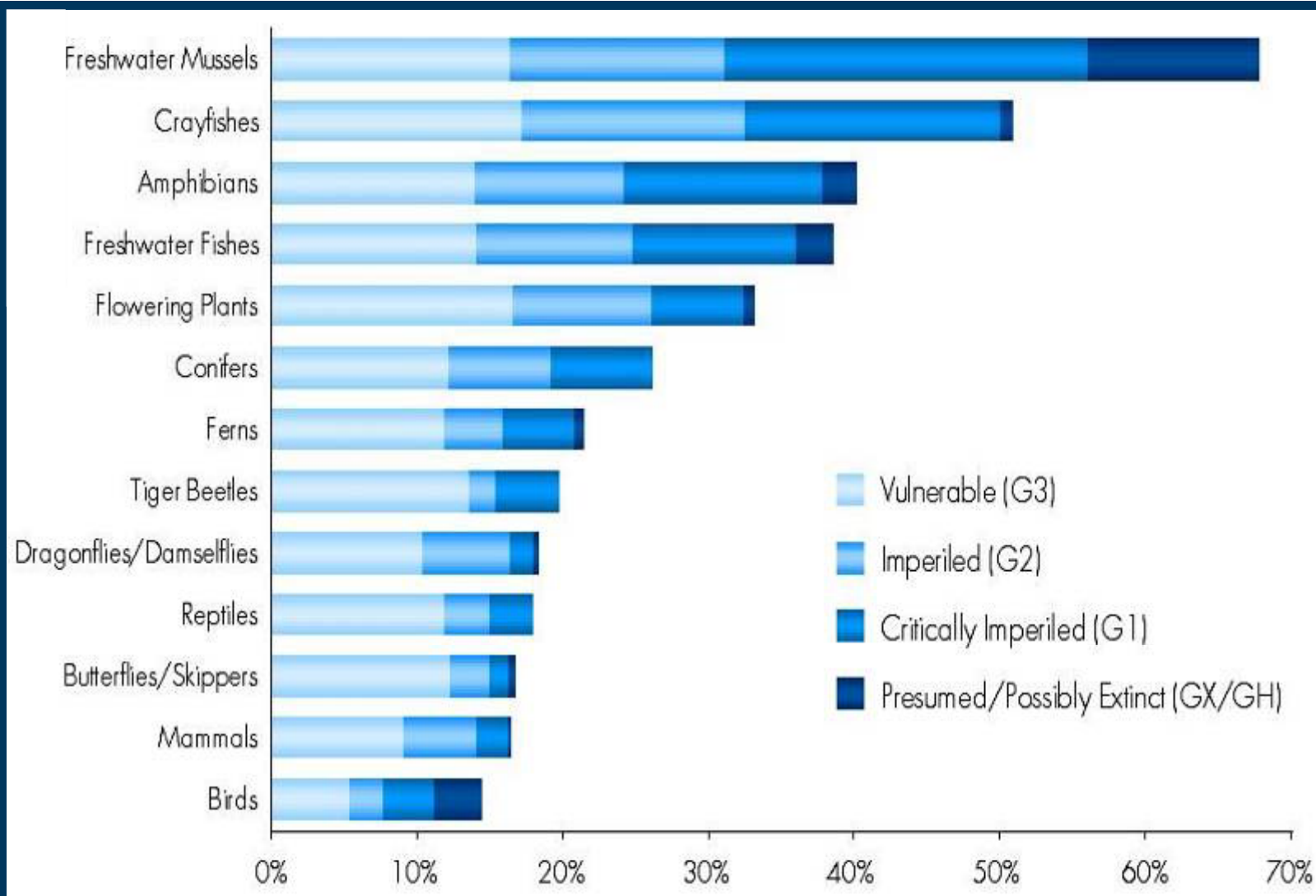


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## Why focus on freshwater ecosystems? Proportion of U.S. species at risk



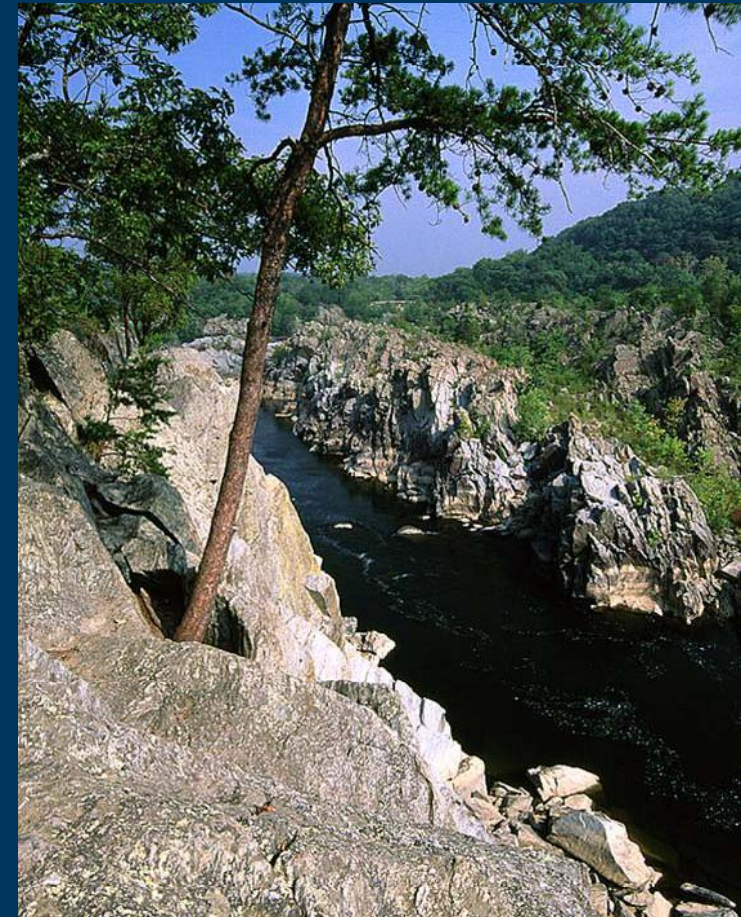
From "Rivers of Life: Critical Watersheds for Protecting Freshwater Biodiversity," 1998



## Project purpose

To develop information and tools that enable the Potomac watershed jurisdictions and water managers to protect **environmental flows**,

defined as the seasonally variable flows of water that **sustain healthy river ecosystems** and the **goods and services** that **people** derive from them.



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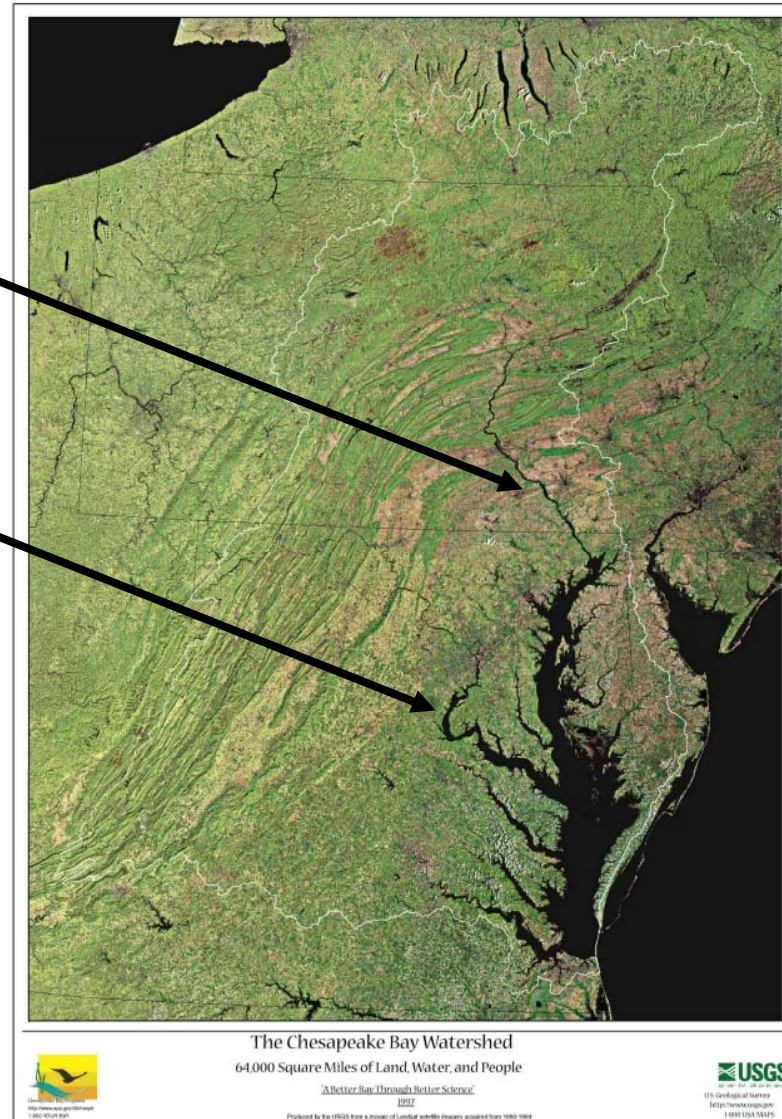


# TNC interest in environmental flows to protect freshwater systems and Bay

Susquehanna River

Potomac River

Environmental flow protection and restoration is a TNC conservation priority – in the Potomac, the Chesapeake Bay, nationwide and globally





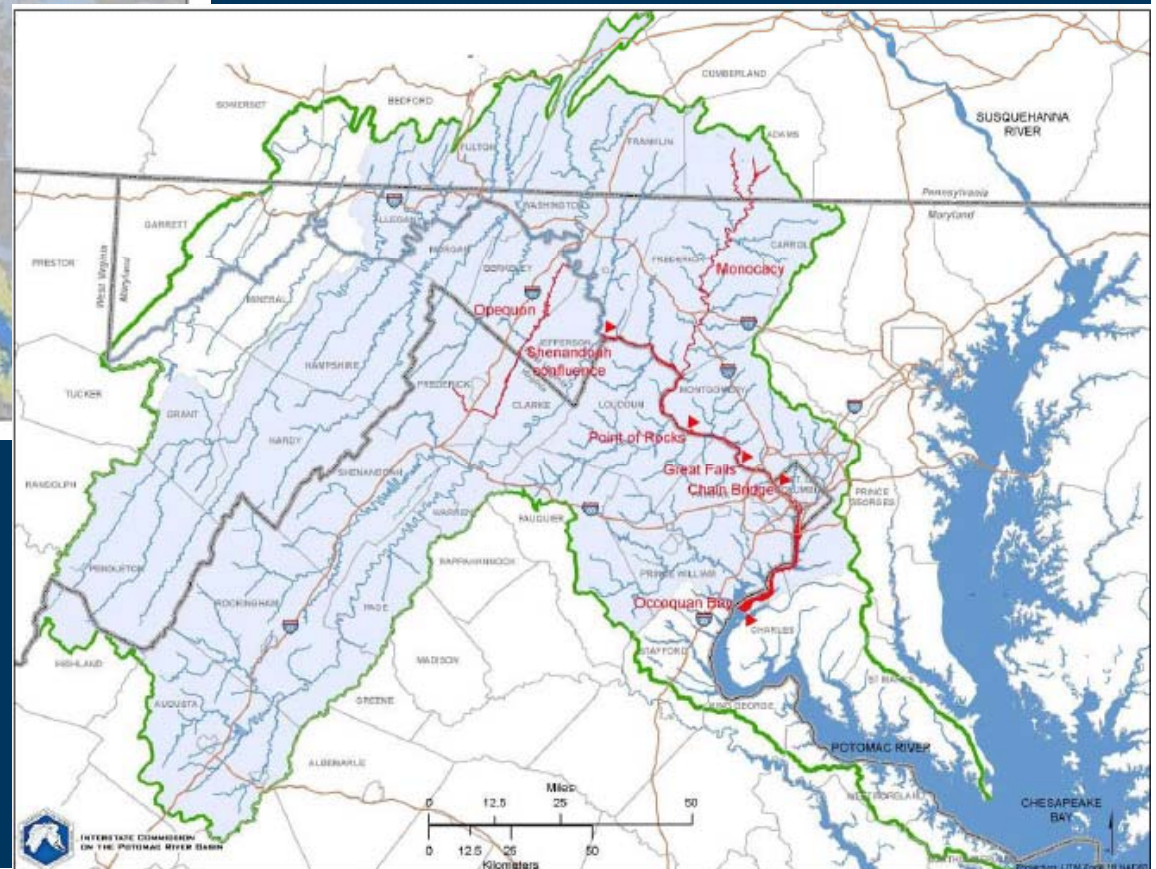
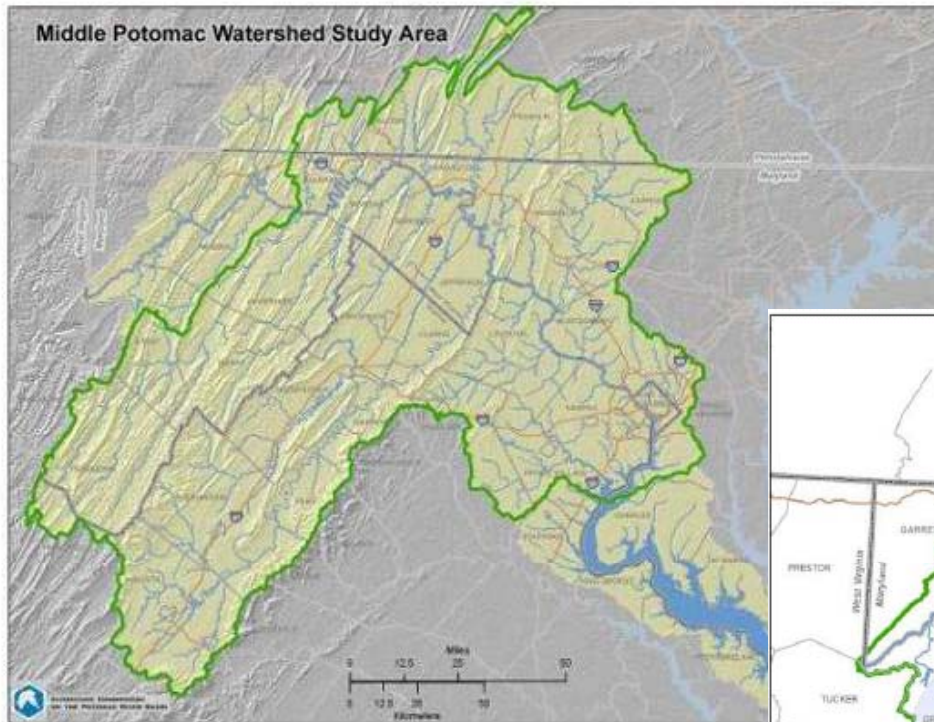


## Why a concern with flows in the Potomac?

- Population growth – 10% increase per decade from 2000 to 2030
- Water demand – 20-30% increase in Metro DC water use over next 30 years
- Consumptive use for industry and agriculture
- Land use change/stormwater runoff
- Climate change



# Large River Environmental Flow Needs project: part of a larger Corps project







## Benefits of basin-scale project



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- Provides shared framework for incorporating ecological considerations into water and land use planning
- Helps support state-level water resource planning & management goals
- Offers proactive approach to identifying and managing sources of flow alteration
- Presents opportunity to move towards a more comprehensive, basin-wide approach to Potomac resource management
- Creates forum to discuss and develop shared goals for sustainable water management, outside context of water crisis





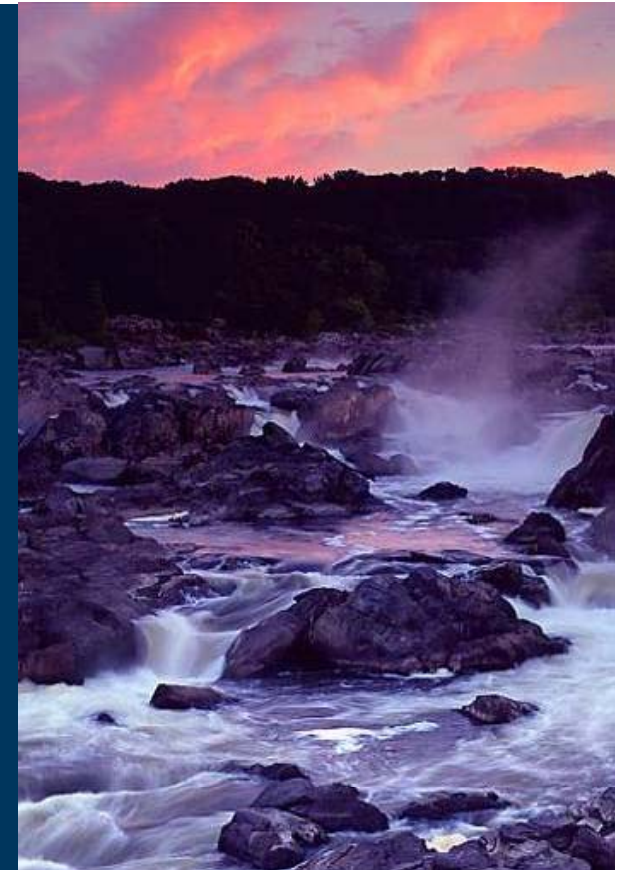
# Large River Environmental Flow Needs: project origins and research team

## Project sponsored by:

- The Nature Conservancy (TNC)
- Interstate Commission on the Potomac River Basin (ICPRB)
- National Park Service (NPS)
- U.S. Army Corps of Engineers (USACE)

## Background report research team:

- Jim Cummins, Claire Buchanan, Carlton Haywood, Heidi Moltz, Adam Griggs (ICPRB);
- Than Hitt and Rita Villella (USGS);
- R. Chris Jones, Richard Kraus (GMU-PEREC)
- + Inputs from The Nature Conservancy



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# Draft Background Report and Literature Review

Available online at  
[www.potomacriver.org/  
sustainableflows](http://www.potomacriver.org/sustainableflows)



Potomac Basin Large River Environmental Flow Needs

## PREPARED BY



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## WITH FUNDING PROVIDED BY

The National Park Service

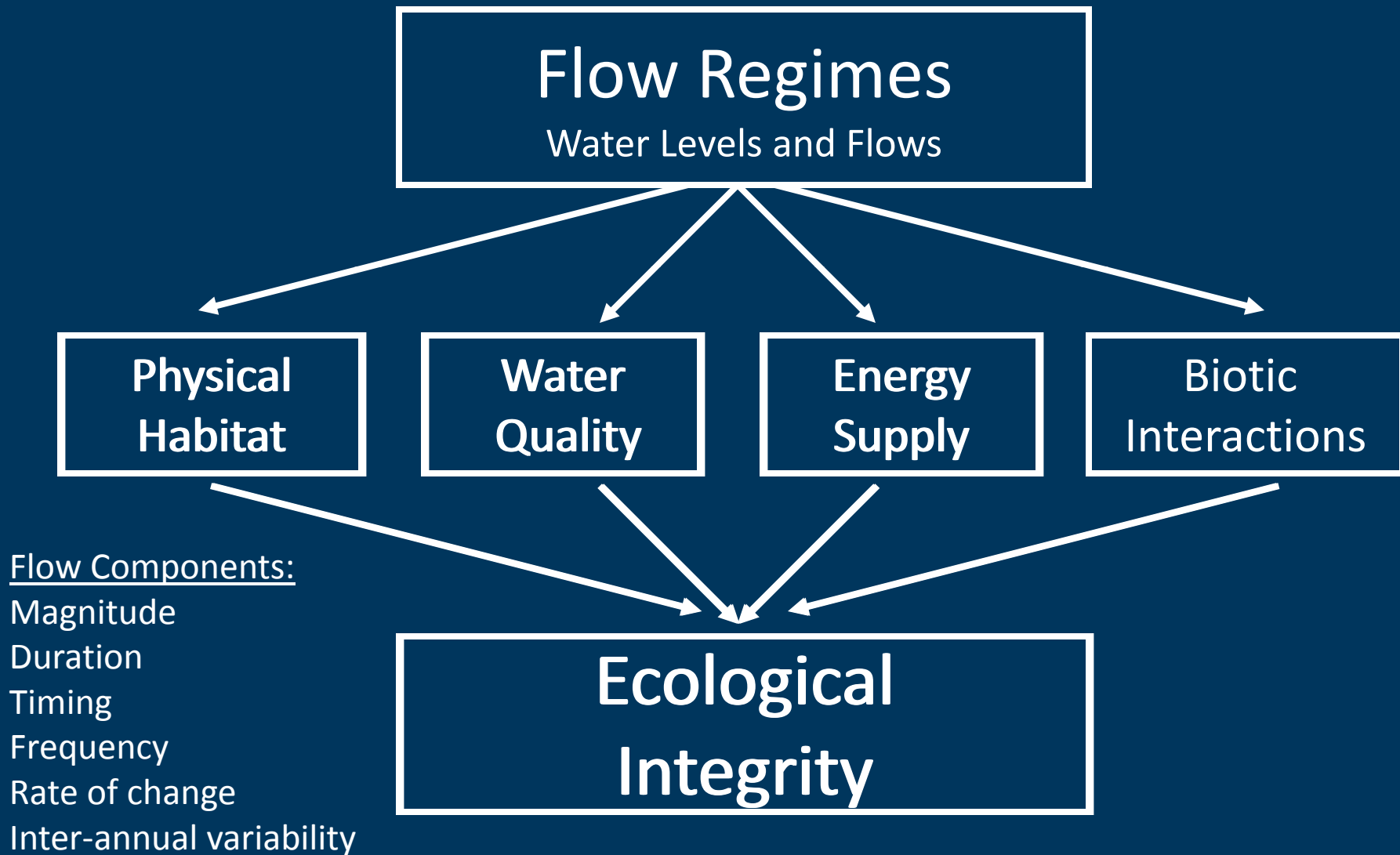
*Revised August 24 2010*

**-- DRAFT --  
report for  
workshop  
discussion**





## Flow: The master variable



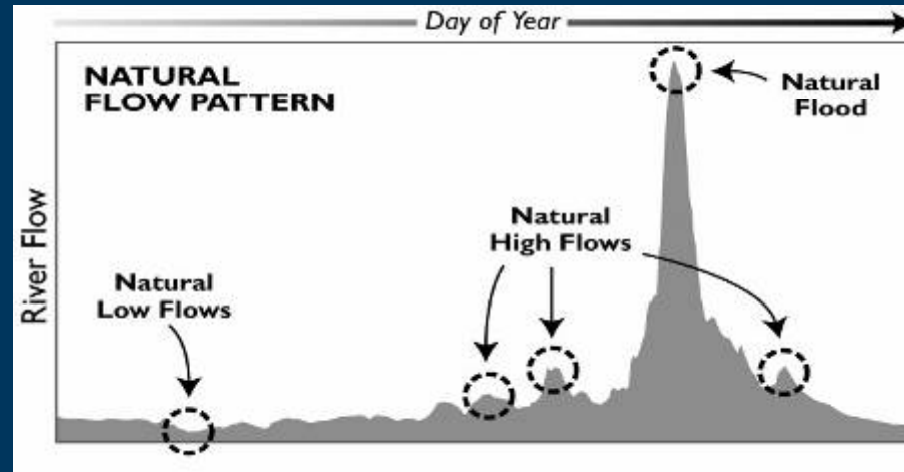
From Poff et al. 1997



# It's not just a matter of water volume



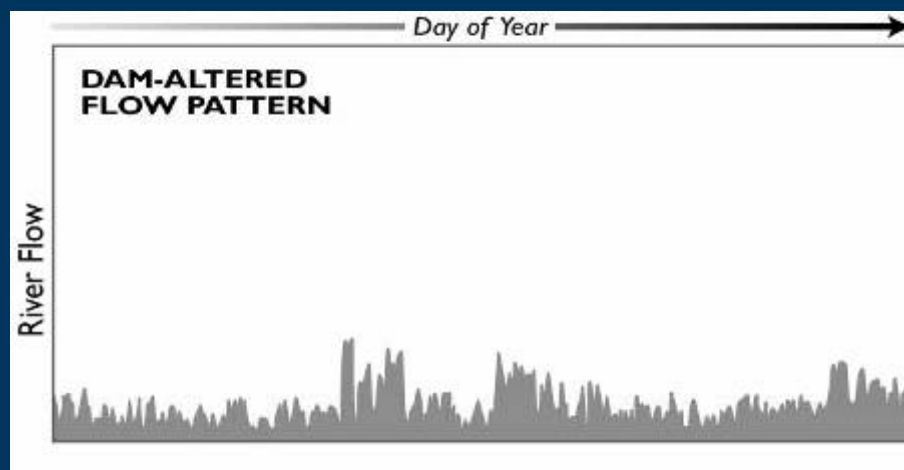
=



= Better for  
species &  
ecological  
systems



=



= Bad for  
species &  
ecological  
systems

This is the same volume!





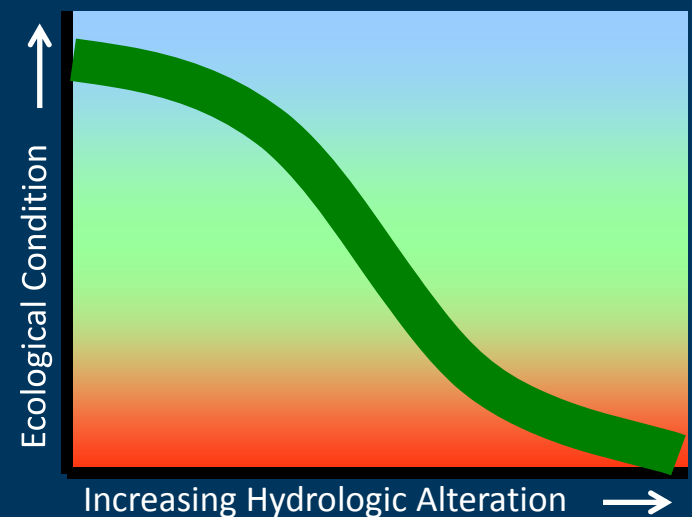
# Developing environmental flow recommendations for the Potomac watershed

## 1. Determine large river environmental flow needs:

- Use literature review, conceptual models, and expert input
- Define ***full range*** of hydrologic needs for species
- **Limitations on existing data and research**

## 2. Develop regional, quantitative flow-ecology relationships:

- Group streams into similar types
- Define flow alteration/ecological response relationships by group
- Use social/policy process to set flow recommendations
- May 2011 Expert workshop



# Large River Environmental Flow Needs

## Report on Potomac flow needs

### Select indicator species

- diadromous and resident fish
- freshwater invertebrates
- floodplain vegetation
- estuarine communities

### Define flow needs for species' life stages

- glochidia release
- seed dispersal and germination
- fish migration, spawning

## Engage experts to review hypotheses, flow statistics, & draft flow recommendations

## Discuss process to move towards quantifying recommended protective hydrologic ranges



Note: In the Potomac, we are only formally pursuing steps 1 - 3





## Workshop goal and outcomes

**Goal:** Determine environmental flow needs for segments of the mainstem Potomac and selected large tributaries

**Workshop process:** Use expert input to refine initial draft flow-ecology hypotheses, statistics, and recommendations from the draft report during breakout group sessions

**Expected outcome:** A set of flow hypotheses and measurable flow statistics for the Potomac River and major tributaries that can be refined using an adaptive management approach



# Environmental flow terms

**Ecological Indicators** – species sensitive to flow and grouped by taxa, life history strategies, and flow needs

**Environmental Flow Components** – types of flow events that represent the full spectrum of river flows and are required for ecological function: small and large floods, high flow pulses, mid-range flows, low flows, and drought flows

**Environmental Flow Needs** – the quality, quantity and timing of water flows required to maintain the components, functions, processes and resilience of aquatic ecosystems



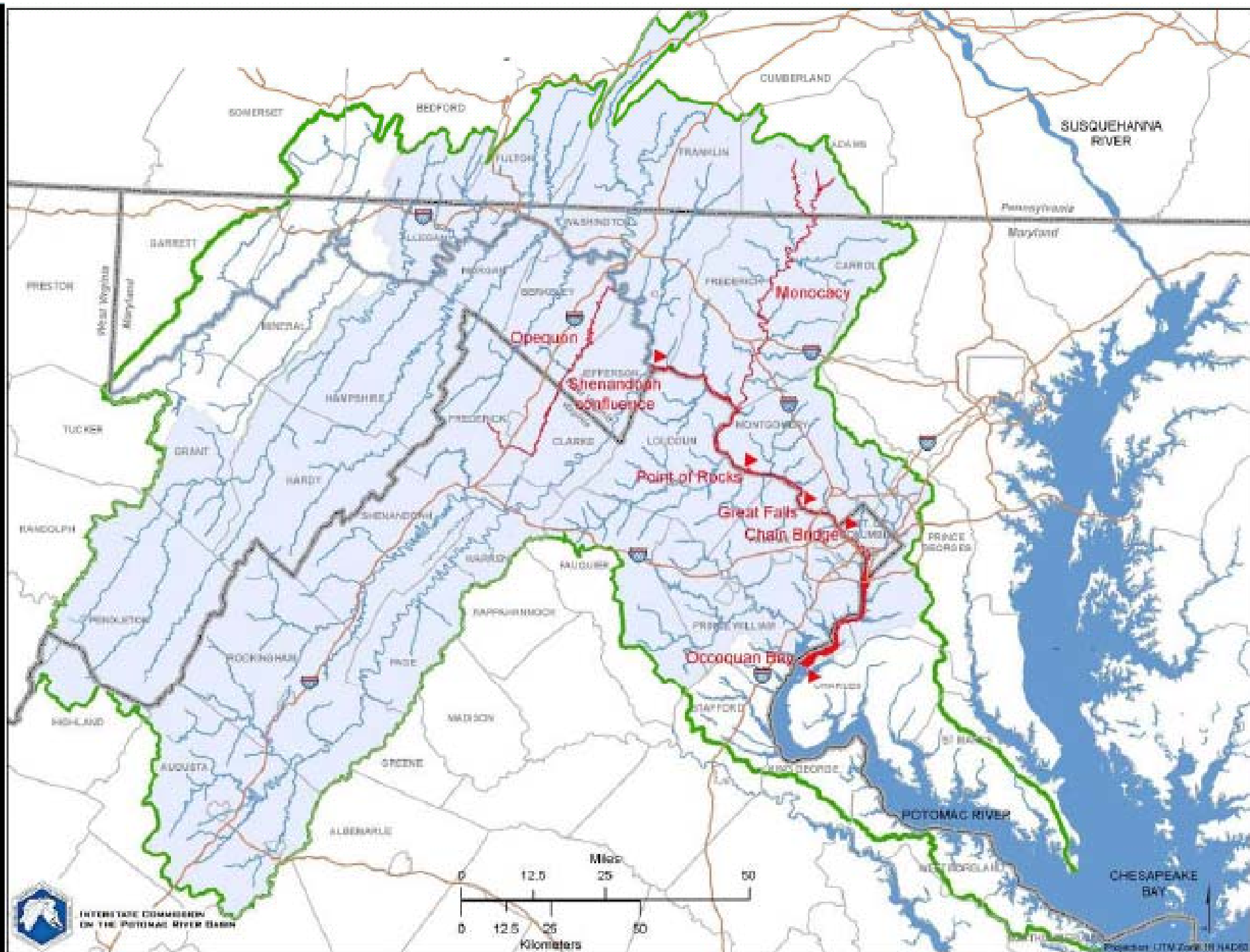
## Defining environmental flow needs

**Flow hypothesis** – a testable explanation for a suspected or observed relationship between river flow and the needs and tolerances of species and communities

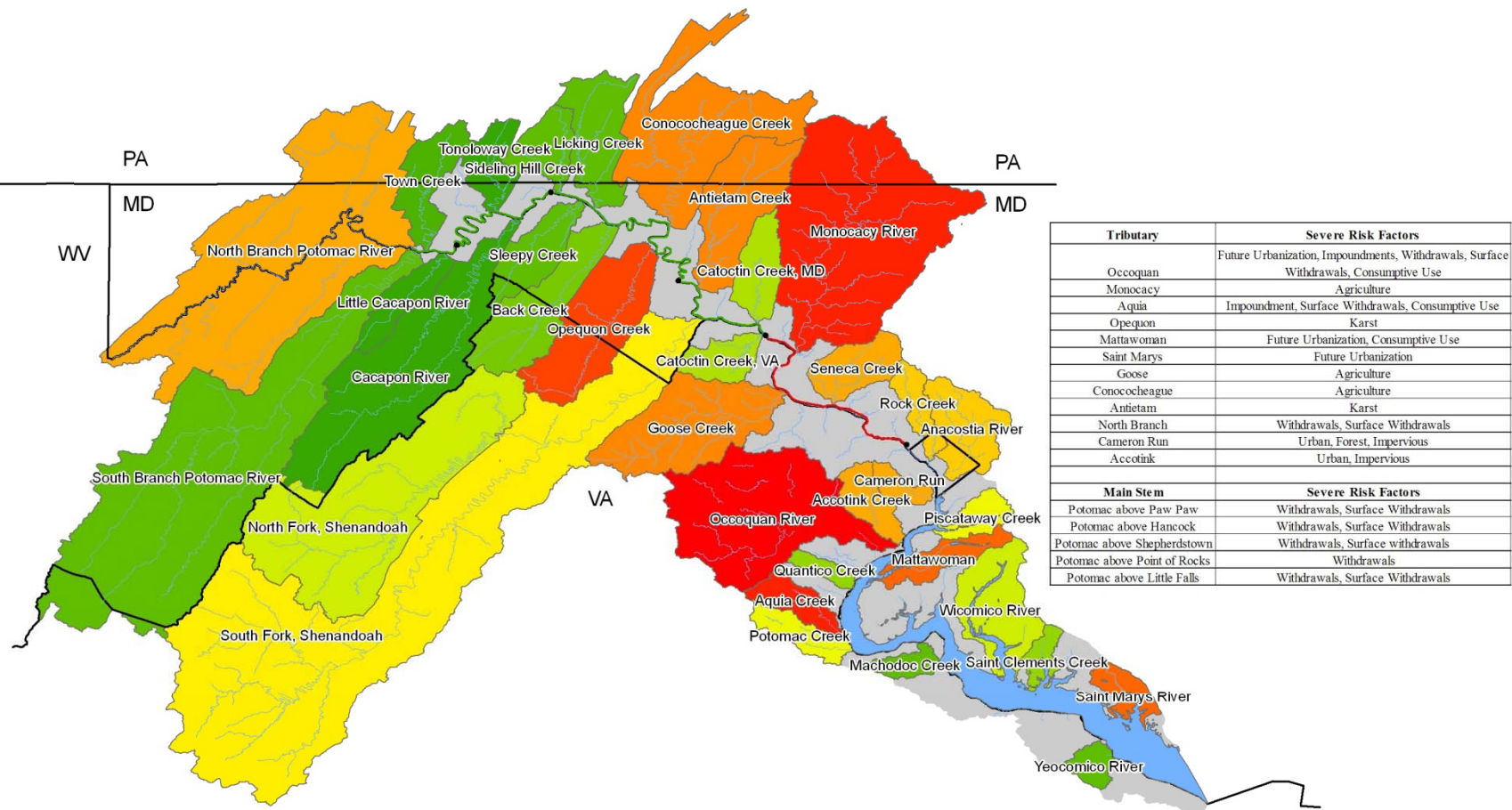
**Flow statistic** – measurement of the magnitude, duration, frequency, timing, or rate of change of environmental flow components. Should be measureable, repeatable, and responsive to management.

**Flow recommendation** – recommended quantification of, or development of a range around, a flow statistic that is protective of one or more ecological indicator or function

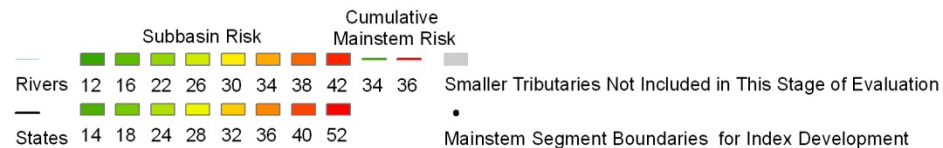




# Areas at greatest risk of hydrologic alteration



Tributary	Severe Risk Factors
Ocoquan	Future Urbanization, Impoundments, Withdrawals, Surface Withdrawals, Consumptive Use
Monocacy	Agriculture
Aquia	Impoundment, Surface Withdrawals, Consumptive Use
Opequon	Karst
Mattawoman	Future Urbanization, Consumptive Use
Saint Marys	Future Urbanization
Goose	Agriculture
Conococheague	Agriculture
Antietam	Karst
North Branch	Withdrawals, Surface Withdrawals
Cameron Run	Urban, Forest, Impervious
Accotink	Urban, Impervious
Main Stem	Severe Risk Factors
Potomac above Paw Paw	Withdrawals, Surface Withdrawals
Potomac above Hancock	Withdrawals, Surface Withdrawals
Potomac above Shepherdstown	Withdrawals, Surface Withdrawals
Potomac above Point of Rocks	Withdrawals
Potomac above Little Falls	Withdrawals, Surface Withdrawals



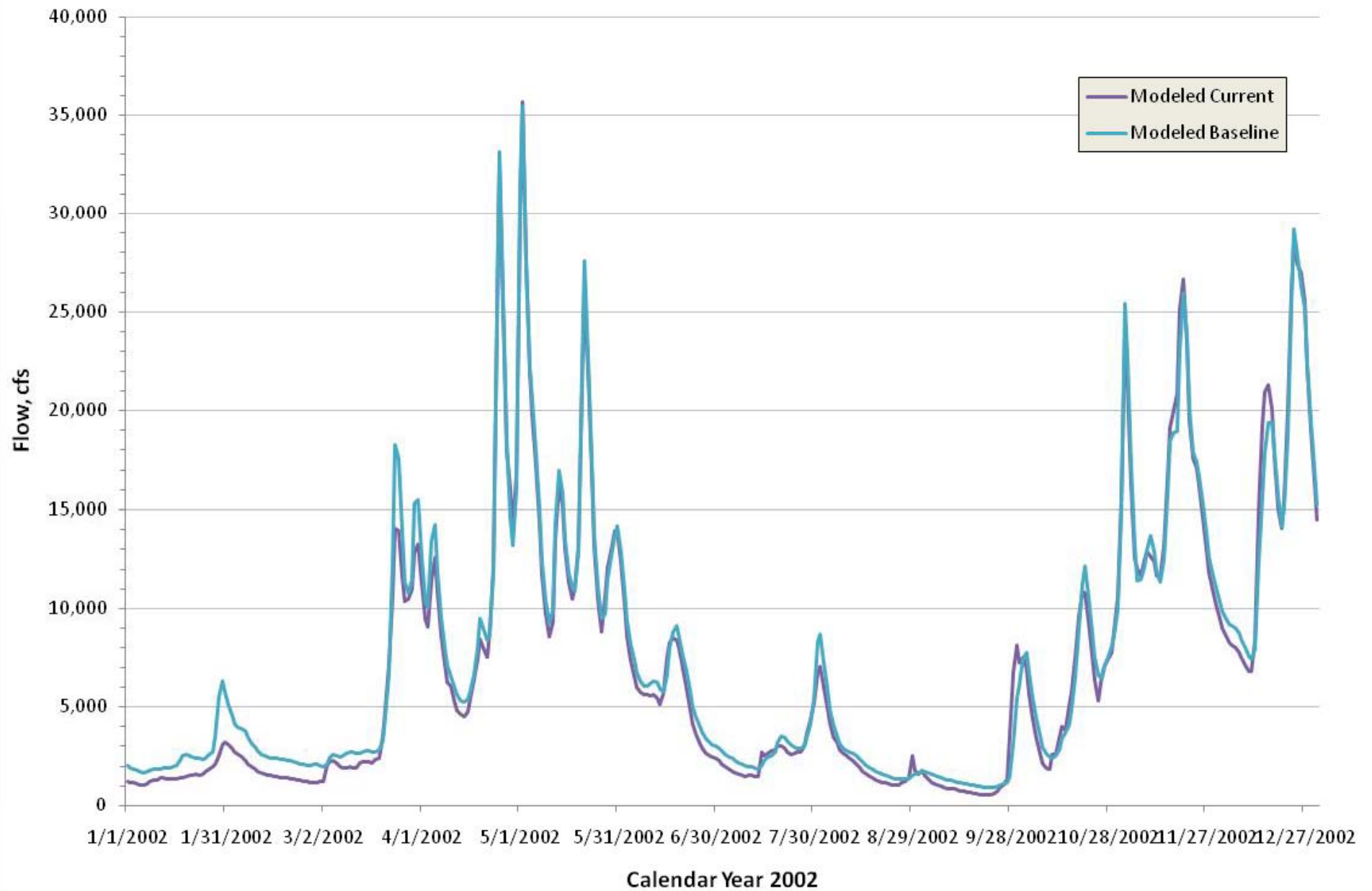
INTERSTATE COMMISSION ON THE  
POTOMAC RIVER BASIN

Data Sources: National Inventory of Dams; Chesapeake Bay Program 2000 Land Use  
and Predicted Future Land Use; Potomac Withdrawal Databases; EPA Region 3 Ecoregions; USGS AWUDS

0 5 10 20 Miles



## Potomac River at Little Falls Simulation of 2002







# Literature review process

Research Team: ICPRB, USGS Aquatic Ecology Branch, George Mason University (TNC in advisory role)

- Over 480 sources relevant to environmental flow requirements for the Potomac and its ecological components
- Organized into searchable online database

Content and synthesis:

1. Ecological indicator species and key life history stages
2. Group species with similar flow-sensitivities
3. Develop flow hypotheses and conceptual diagrams
4. Choose flow statistics and make recommendations for changes in statistics that are representative of flow needs



## Ecological indicator taxa

- Fishes
- Mussels
- Riparian plant communities
- Freshwater estuarine system

Chosen based on targeted life history traits, sensitivity or adaptation to flow conditions

# Fishes

## Functional groups and representatives:

- A. Atlantic sturgeon – large bodied, flow-velocity generalists
- B1. American shad – medium sized with moderate flow-velocity specialization, large home range size
- B2. Smallmouth bass – medium sized with moderate flow-velocity specialization, small home range size
- C. Fantail darter – small bodies, flow velocity generalists

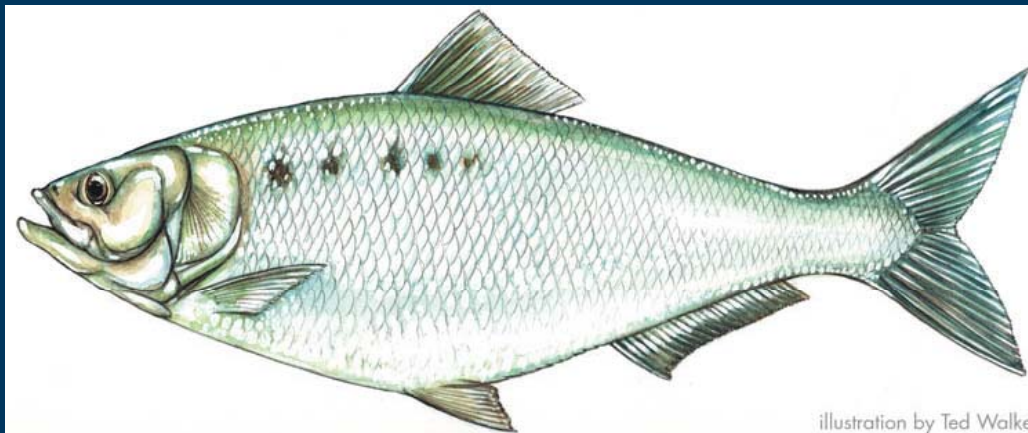


illustration by Ted Walke

American shad, *Alosa sapidissima*

Vadas and Orth 2000, Frimpong and Angermeier 2009, Walsh et al 2007

illustration by Ted Walke, PFBC

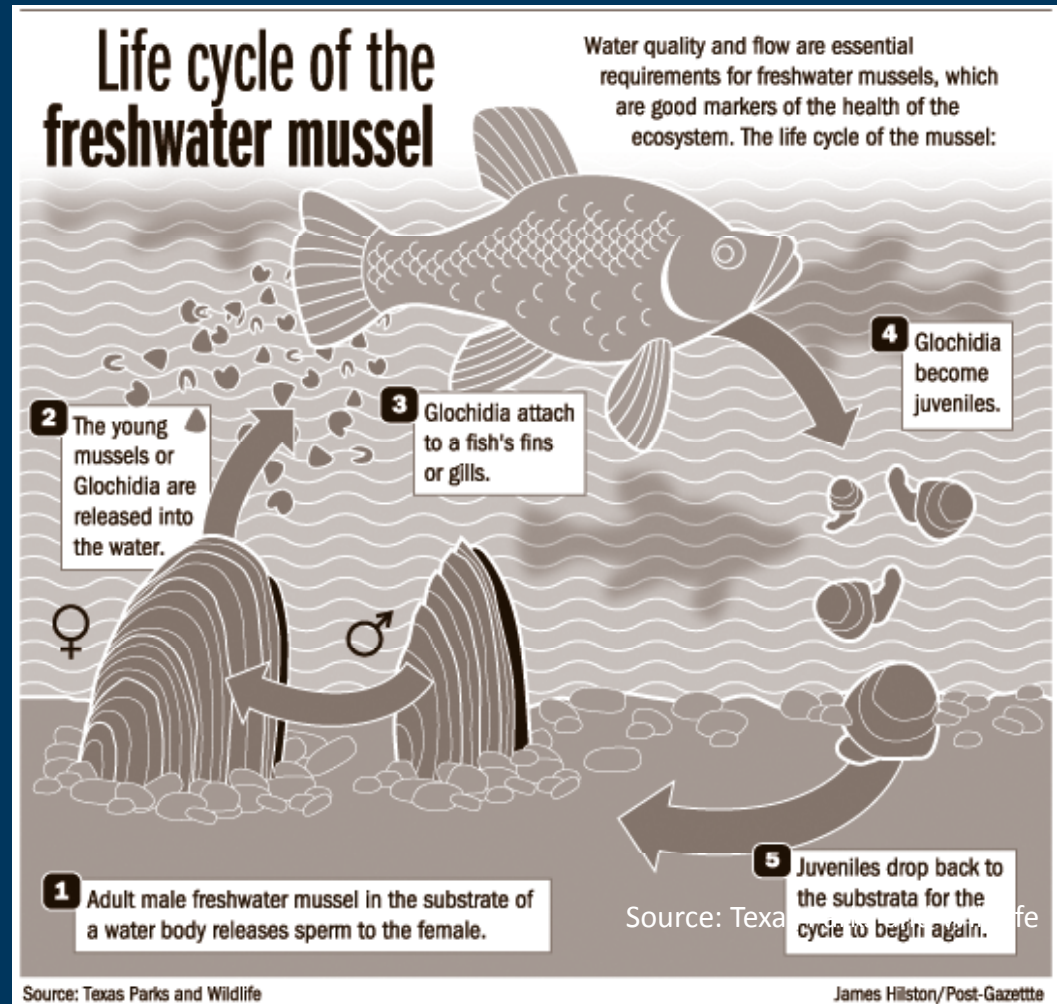




# Mussels

## Targeted life history traits:

- Brood length
- Adult size
- Fish hosts
- Substrate
- Flow velocity





# Aquatic and riparian vegetation

- Instream – inundated all year, some seasonal exposure at edges
- Bank and bar – mean water mark to 2-yr RI flood
- True flood plain – affected by floods with 2-10 yr RI
- Flood terrace – inundated by extreme floods > 10 yr RI



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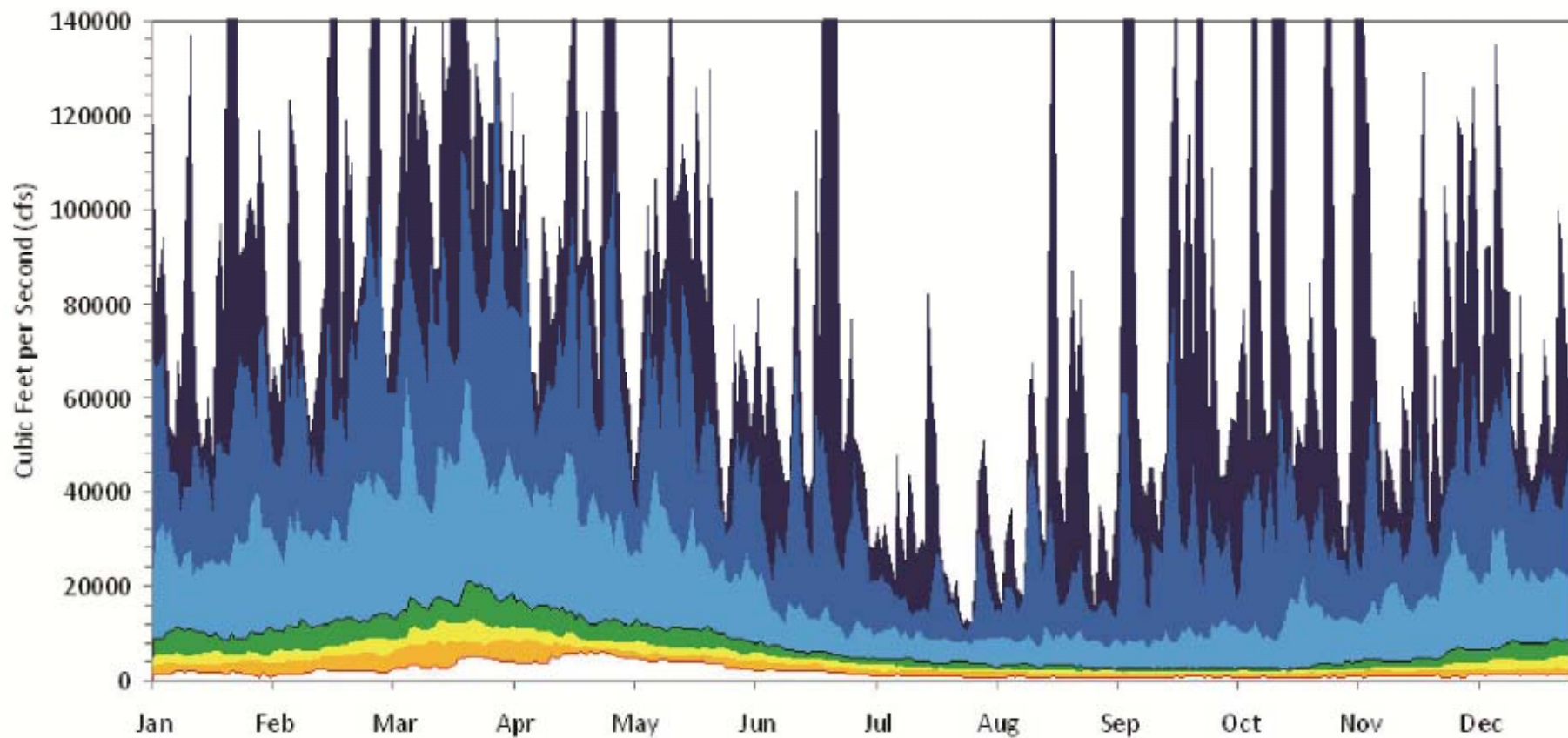


# Freshwater estuarine system

1. Phytoplankton
2. SAV
3. Zooplankton
4. Benthic invertebrates
5. Fish







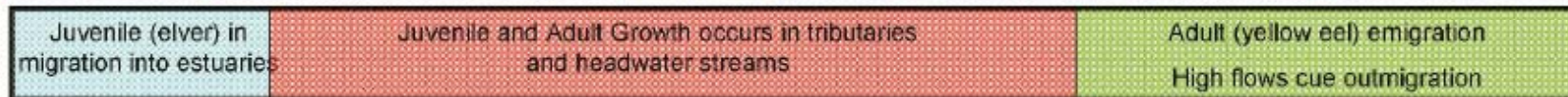
**ATLANTIC STURGEON**



**SHORTNOSE STURGEON**



**AMERICAN EEL**





## Developing flow hypotheses

A testable explanation for a suspected or observed relationship between river flow and the needs and tolerances of the river's species and communities

Who	Species or group of species
What	Flow magnitude or event
When	Month or season
Where	Habitat type or unit
Why / how	Ecological response



## Fish: flow hypotheses

During spring, American shad require high flows as one of several cues for upriver migrations of adults to non-tidal spawning grounds.

Loss of high spring flows may delay emigration and spawning.



## Fish: flow hypotheses

During **spring**, American shad require **high flows** as one of several cues for **upriver migrations of adults to non-tidal spawning grounds**.

Loss of high spring flows may **delay emigration and spawning**.

**Who**   **What**   **When**   **Where**   **Why/How**





## Choosing flow statistics (“what”)

Measurements of the magnitude, duration, frequency, timing, or rate of change of environmental flow components - measureable, repeatable, and responsive to management

- Individual statistics
- Ranges of a flow duration curve

# Statistics suggested by flow hypotheses

## Flow Component

## Flow statistic

High flows

Bankfull (2-yr RI) and large floods (10-yr RI)  
Magnitude of annual Q10 flow  
Frequency of high flow events, fall and winter

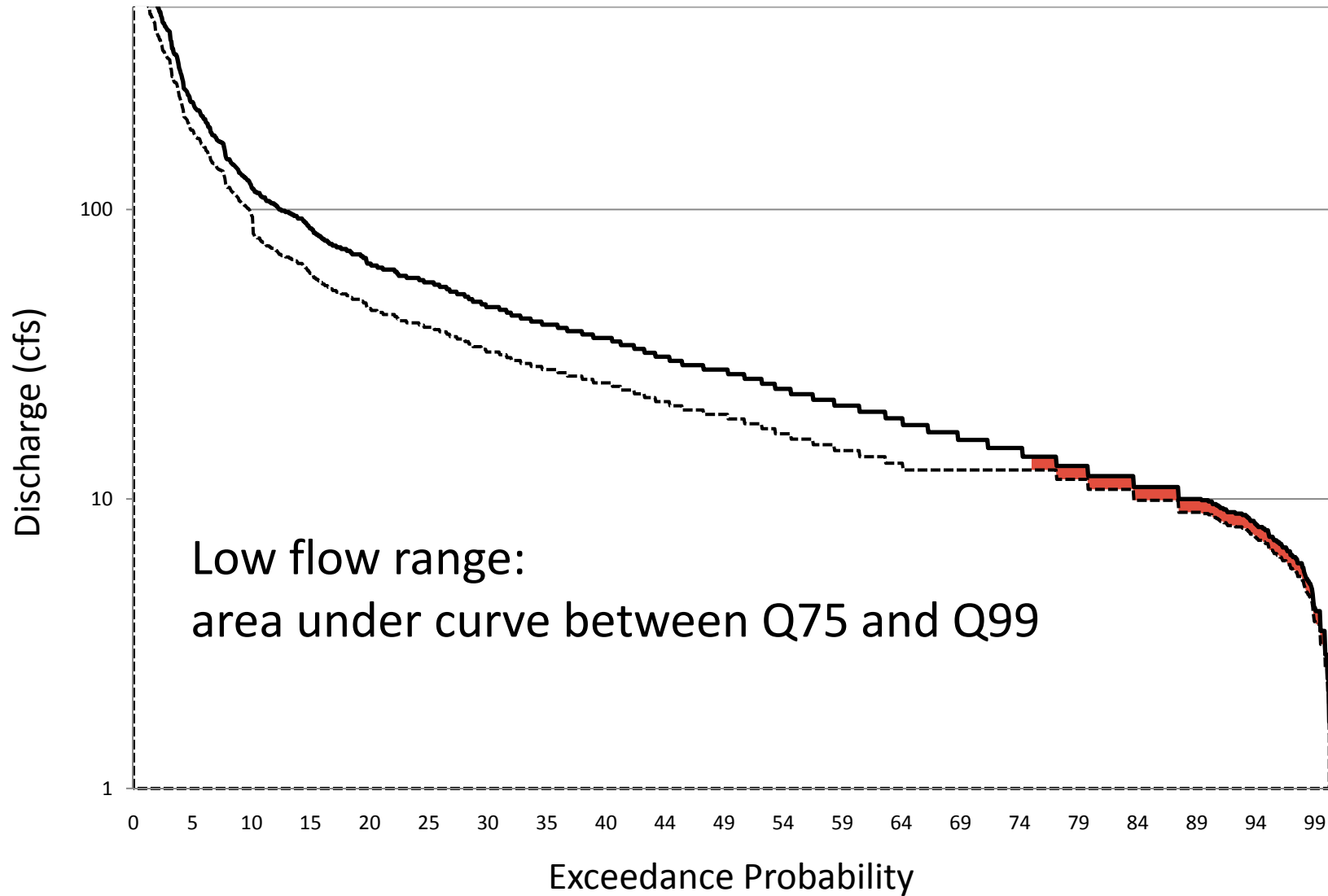
Seasonal flows

Magnitude of monthly Q10  
Magnitude of monthly Q50  
Magnitude of monthly Q90

Low flows

Magnitude of annual Q90  
7Q10 (7 day, 10 year) flow  
Duration of low flow events, summer and fall  
Low flow range (flow duration curve)

# Flow Duration Curve





## Developing flow recommendations from hypotheses (quantify “what”)

Recommended quantification of, or development of a range around, a flow statistic that is protective of one or more ecological indicator or function

Who	Species or group of species
What	Flow statistic and recommended value or range
When	Month or season
Where	River, group of rivers, or river reach
Why/How	Ecological response





# Example flow recommendations: Susquehanna River

**Table 5.1 Flow recommendations for the Susquehanna River ecosystem.**

Season	Flow Component	Flow Statistic	Flow Recommendations	
Annual and Interannual Events	High Flows		Headwater streams < 50 sq mi	Streams and small rivers (50 – 200 sq mi)
		Large flood	Maintain magnitude and frequency of annual Q0.05 (20-yr flood)	Same for all streams
		Small flood	Maintain magnitude and frequency of annual Q0.2 (5-yr flood)	Same for all streams
		Bankfull	Maintain magnitude and frequency of annual Q0.5 (Approx. 1 to 2-yr flood)	Same for all streams
All Months	High flows	Monthly Q10	<10% change to magnitude of monthly Q10	Same for all streams
	Seasonal flows	Monthly Median	Between 45 <sup>th</sup> and 55 <sup>th</sup> percentiles	Same for all streams
		Monthly Range	≤ 20% change to area under curve between Q10 and Q75	Same for all streams
	Low flows	Monthly Low Flow Range	No change to area under curve between Q75 and Q99	≤ 10% change to area under curve between Q75

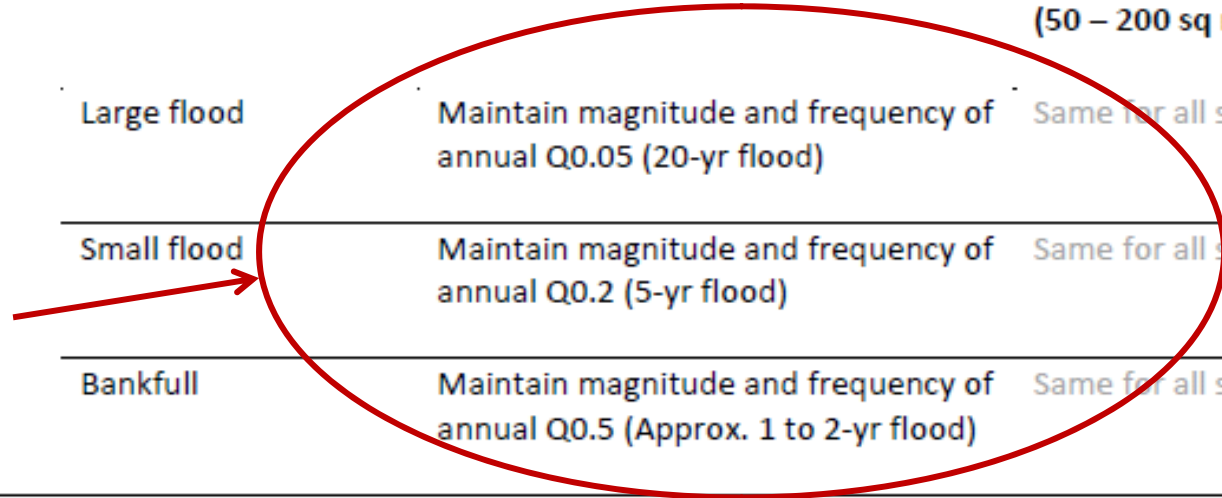


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Maintain baseline conditions for individual flow statistics



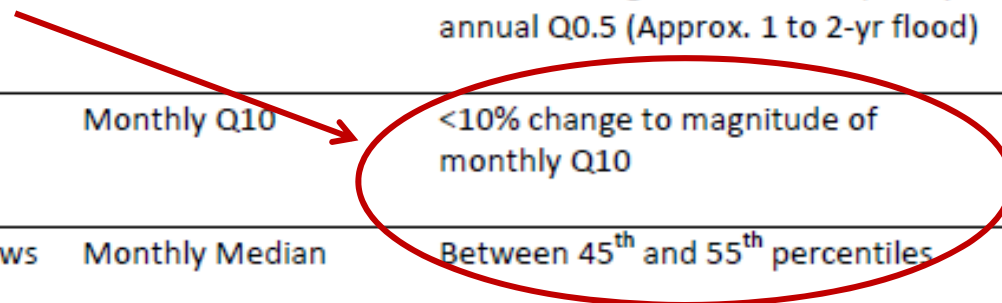


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Ranges around individual statistics



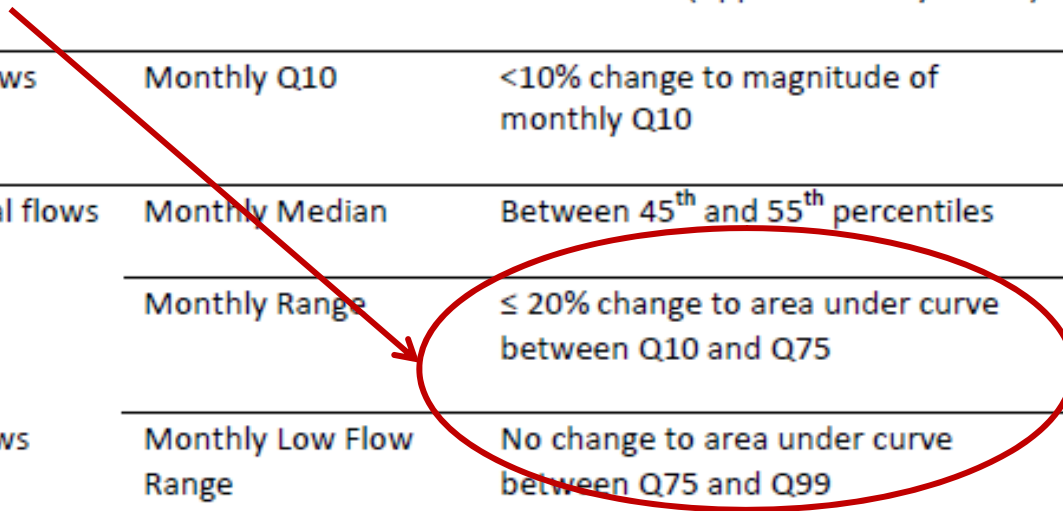


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Area under a flow duration curve







## Preparing for the workshop: review background report

### In particular, focus on the following:

- Executive summary
- Summaries at the beginning of each chapter
- Flow hypotheses at the end of chapters 2 and 3
- Chapter 4 – synthesizes the flow needs of all ecological indicators and provides draft flow recommendations
- Tables 12-16
- Appendix A for explanation of some flow statistics and environmental flow components



# Tables 12-13: flow needs of ecological indicators (pp 79-88)

Biota	Flow Component			Reference
	High Flow Events	Mid-Range Flows	Low Flows	
Group A fish (large-bodied, long-lived, late maturation, migratory, flow-velocity generalist) e.g., American eel	Sep-Feb – provides one of several cues for out-migration of adult eel (silver eels) (Flow Statistics 15-# events Winter, 16-# events Spring)	Dec-Apr - one of several cues for upriver migrations of juvenile eel (elvers) (Flow Statistic 9-# events Fall)	Sept-Feb - Out-migration delayed if prolonged. (Flow Statistics 7-duration events Fall, and 8-duration events Summer)	<ul style="list-style-type: none"> <li>• High flows trigger adult eel out-migration (Smogor et al. 1995).</li> <li>• Migrating eels may delay migration velocities are too low or too high (Coffin et al 2009).</li> </ul>
Group B1 fish (Alosid, medium-sized, migratory, moderate flow-velocity specialization, e.g., blueback herring, alewife, American shad)	Mar-Jun – provides one of several cues for upriver migrations of adults to nontidal spawning grounds Mar-Aug - high flow pulses not too numerous or too strong to cause loss of larvae and young-of-year class August-November- High flow are one emigration trigger. (Flow Statistics 13-2 yr R.I. event, 15- # events Winter, 16-# events Spring, and 18- # events Fall)	Mar-Jun – provide adults with access to natal spawning streams (Flow Statistics 9- Monthly $Q_{90}$ flow, 10- Monthly $Q_{50}$ flow, and 11- Monthly $Q_{10}$ flow)		<ul style="list-style-type: none"> <li>• High flows in summer limit recruitment (Jenkins and Burkholder 1994)</li> <li>• Cues for emigration include high flows (Coffin et al 2009).</li> </ul>



# Table 14: Flow statistics (pp 89)

Flow category	Flow Statistics		
	Magnitude (cfs)	Frequency (#)	Duration (days)
Low flows (flow < $Q_{90}$ )	1. Annual 1 day min. flow 2. Annual $Q_{90}$ flow 3. $7Q_{10}$ (7 day, 10 year) flow	Median # of low flow events 4. Spring (Apr - Jun) 5. Summer (Jul - Sep) 6. Fall (Oct - Dec)	Median duration of low flow events 7. Summer (Jul - Sep) 8. Fall (Oct - Dec)
Mid-range flows ( $Q_{90}$ < flow < $Q_{10}$ )	9. Monthly $Q_{90}$ flow 10. Monthly $Q_{50}$ flow 11. Monthly $Q_{10}$ flow		
High flows (> annual $Q_{10}$ ), Small Floods ( $\geq 2$ yr R.I. and < 10 yr R.I. event), and Large Floods ( $\geq 10$ yr R.I. event)	12. Annual $Q_{10}$ flow 13. 2 yr Recurrence Interval (R.I.) event (approx. bank full) 14. 10 yr R.I. event (Large flood)	Median # of high flow events 15. Winter (Jan-Mar) 16. Spring (Apr - Jun) 17. Summer (Jul - Sep) 18. Fall (Oct - Dec)	Median duration of high flow events 19. Spring (Apr - Jun) 20. Summer (Jul - Sep)



## Preparing for the workshop: questions for your consideration

- Do the flow hypotheses adequately represent the flow needs of the ecological indicators?
- Do the recommended flow statistics adequately represent the flow needs for each hypothesis?
- Are current conditions appropriate to use as a baseline for flow recommendations?
- Please come prepared to discuss these questions and provide expert opinion to determine environmental flow needs and monitoring priorities





## Specific workshop tasks

- Review flow-ecology hypotheses and draft flow recommendations from summary report
- Determine adequacy of current conditions to meet ecological needs
- Review proposed environmental flow statistics that reflect flow needs
- Identify best approaches to characterizing change
- Identify and prioritize longer-term research and monitoring
- Discuss potential applications and approaches to protecting natural flows in the Potomac mainstem and selected large tributaries



# Workshop logistics

- Meetings at National Conservation Training Center (NCTC)
- All registrants to date will have lodging at NCTC
- Starts 10 am on Day 1, Wed. Sept. 22 – please arrive by 9:30am
- Ends 4pm on Day 2, Thurs. Sept. 23



NCTC is located along the Potomac River in Shepherdstown, WV

Note: registration closes 9/13  
Lodging space at NCTC running out



# Brief overview of agenda



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## Interactive Workshop:

- Plenary sessions
- Breakout sessions
- Wed. evening dinner and after-dinner reception at NCTC
- Thurs. lunchtime speaker: Brian Richter, TNC's Director of Freshwater Conservation
- Revised agenda, registration confirmation to come





## Reminder: Important note to government employees



Must send TNC letter of permission for TNC to cover your workshop costs by 9/13/10

Contact Stephanie Flack if you have any questions





## Discussion / Question and Answer Session

### Process

- All phones muted, except recognized speaker
- Raise “hand” to make comment or ask question
- When recognized, speaker’s phone un-muted
- Lower “hand” when finished speaking
- We will also answer any questions raised using the “chat” function during the presentation





For more information on workshop or background report

Project leads from TNC and ICPRB:

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Jim Cummins, Interstate Commission on the Potomac River Basin, [jcummins@icprb.org](mailto:jcummins@icprb.org), 301-274-8106

Carlton Haywood, Interstate Commission on the Potomac River Basin, [chaywood@icprb.org](mailto:chaywood@icprb.org), 301-274-8105

For more information, visit [potomacriver.org/sustainableflows](http://potomacriver.org/sustainableflows)